

Handbook of the Streets

Minneapolis

2020-2021
20th Edition

**A Resource Guide for
People in Need
for 30 Years**

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prepared by



ST. STEPHEN'S

Ending Homelessness

Hotlines/Emergency Phones

Adult Shelter Connect at St. Olaf Church

Single adults access all Minneapolis shelters through this office.

Phone: 612-248-2350

Hours: M-F 10 am–5 pm; Sat & Sun 1–5 pm. Calls will be answered after regular hours.

COPE (Community Outreach for Psychiatric Emergencies)

Phone: 612-596-1223

Provides: Call COPE when a severe disturbance of mood or thinking threatens a person's safety or the safety of others.

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111

Provides: Crisis advocates available to talk with anyone experiencing domestic violence, sexual violence or human trafficking.

Crisis Text Line

Text MN to 741741 to be connected to a counselor who will help diffuse a crisis and help connect to local resources.

Hours: 24 hours a day, 7 days a week.

Hennepin County Front Door

Phone: 612-348-4111

Hours: Monday through Friday from 8 am–4 pm.

Provides: Intake center for Hennepin County social services.

Metro Shelter Hotline

Information and referral to metro-area shelter/housing.

Phone: 1-888-234-1329

Minnesota Food Helpline

Phone: 1-888-711-1151

Provides: Helps locate food shelves and meals.

National Suicide Prevention Hotline

Phone: 1-800-273-TALK

St. Stephen's Human Services Street Outreach

Phone: 612-879-7624 or toll-free, 1-888-550-7624

Remarks: Works with individuals and veterans sleeping outside or in places unsuitable for human habitation, and assists them to get into permanent housing. Provides a non-emergency response to homeless concerns in public settings with a mobile outreach team able to visit individuals in the community.

United Way 2-1-1

Phone: 211 (651-291-0211 on a cellphone); or 800-543-7709

Food & shelter Info; referral to specific agencies

Youth Services Network

Website: www.ysnmn.org

Provides: Resources for youth to find shelter and services.

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Acknowledgments

St. Stephen's Human Services thanks the many people who have contributed to this 20th edition of the *Minneapolis Handbook of the Streets*, 30 years after the first Handbook was published.

Terry Hildebrandt at Salvation Army district headquarters again helped to update information about their many locations and services. Likewise, we're grateful to Anne Semenak at Hennepin County Human Services & Public Health Dept. who coordinated review of the public assistance section.

We also offer thanks to the following volunteers who made many phone calls to update agency information: Sylvia Bachmann, Jenna Fadlalla, Jerry Lane, Margaret Mary Keating, Cheryl Meyers, and Kate Neis.

If you find errors or omissions in this book, or have any suggestions, please call 612-870-2283 or e-mail me at mmenner@ststephensmpls.org so that we may continue to improve the handbooks.

*Mike Menner
St. Stephen's Human Services
January 2020*

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ST. STEPHEN'S
Ending Homelessness

Section I. The Essentials

A. Clothes Closets

Central Lutheran Church Free Store
333 South 12th Street, Minneapolis MN 55404
Phone: 612-870-4416

Hours: Monday 10 am–11:30 am and 12:30–2 pm; Tuesday and Wednesday 10 am–12 pm; and Thursday from 10 am–2 pm.

Remarks: Clothing, household items, books. During winter months, if Minneapolis Public Schools are closed due to weather, we will be closed, too.

Cornerstone Ministry (Park Ave. United Methodist Church)
3400 Park Avenue South, Minneapolis MN 55407

Phone: 612-825-6863

Hours: Tuesday 12–5 pm; Wednesday 4:30–7:45 pm; Thursday 3:30–5 pm

Remarks: Clothing is reasonably priced. Household items are also sold. Enter from parking lot and go downstairs.

The Clothes Closet/CSJ Ministry Center
2200 Nicollet Ave., Minneapolis MN 55404 (*garage entrance at back*)

Phone: 612-870-1815

Hours: Wednesdays and Thursdays 11 am–2 pm.

Remarks: Clothing, shoes, linens, towels and household items are available.

Marie Sandvik Center

1112 East Franklin Avenue, Minneapolis MN 55404

Contact: 612-870-9617

Hours: Tuesday 7 pm worship service followed by women's clothing and meal; Thursday 12 pm quilt and baby layette signup; Thursday 1 pm worship service followed by women's and children's clothing and meal (child care provided during service); Friday 7 pm worship service followed by men's clothing and meal; Sunday 6 pm service followed by men's clothing and meal.

Sabathani Community Center

310 East 38th Street Room 20, Minneapolis MN 55409

Phone: 612-821-2396 (food & clothing)

Hours: Monday–Thursday from 1–3 pm. (Arrive before 2:45 pm.)

If you are a first time guest, please arrive half hour before closing. First come, first served.

Salvation Army

Parkview: 2024 Lyndale Avenue North, Minneapolis MN 55411

Phone: 612-522-6581

Noble: 10011 Noble Parkway, Brooklyn Park MN 55443

Phone: 763-425-0517 ext. 105

Hours: Monday–Friday 9–11:45 am and 1–3:30 pm.

Remarks: Call for an appointment Once you have talked to a caseworker, you may receive a voucher to a Salvation Army thrift store. You need to provide a photo ID and piece of current mail at the time of the appointment.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street, Minneapolis MN 55405

Phone: 612-338-4640

Hours: Monday–Thursday 10–11:30 am and 1:30–2:30 pm.

Low-cost Thrift Stores

Old School by Steeple People

1901 Nicollet Avenue, Minneapolis MN 55404

Phone: 612-871-8305

Hours: Open six days a week 11 am–6 pm; closed Tuesdays.

St. Vincent de Paul

2939 12th Avenue South, Minneapolis MN 55407

Phone: 612-722-7882

Hours: Monday through Friday, 10 am–6 pm, Saturday 10 am–4 pm.

Salvation Army Stores

900 North 4th Street, Minneapolis MN 55401

Phone: 612-332-5855

Hours: Monday–Saturday 9 am–9 pm.

3740 Nicollet Avenue South, Minneapolis MN 55409

Phone: 612-822-1200

Hours: Monday–Saturday 9 am–9 pm.

B. Food Shelves

The following food shelves require picture identification and proof of residence (utility bill, medical card, etc.) since they serve only those who live within designated areas; and they will serve a person only once a month. If you do not have a permanent address, you can go to Sharing and Caring Hands.

If, after getting food from your area food shelf, you need additional food, call United Way 2-1-1, 211 or 651-291-0211 from cell phones.

Brian Coyle Community Center

420 15th Avenue South, Minneapolis MN 55454

Phone: 612-338-5282

Hours: Monday 12–6 pm; Tuesday 12–3 pm; Wednesday and Friday 12–4 pm.

Service Area: For those persons east of I-35W, south of Hennepin Ave., west of the river and north of I-94 (ZIP 55454).

CAPI

5930 Brooklyn Blvd., Brooklyn Center MN 55429

Phone: 612-721-0122, Option 1

Hours: Monday 1–4 pm; Tuesday, Wednesday and Thursday 9 am–12 pm and 1–4 pm. New registrations are only done on Thursdays.

Service Area: Primarily persons of Asian descent in Hennepin Co.

Community Emergency Service

1900 11th Avenue South, Minneapolis MN 55404

Phone: 612-870-1125

Hours: Monday through Thursday 1–4 pm (doors open at 10:30 am; check-in starts at 12:30 pm). CES listens well and provides resources to lift the spirit as we are able. Friday produce giveaway is from 1–3 pm, and participants may receive food every Friday.

Remarks: Ideally, participants will provide ID and proof of address. One visit per month. CES serves all areas.

Division of Indian Work

1001 East Lake Street, Minneapolis MN 55404

Phone: 612-722-8722

Hours: Monday, Tuesday and Wednesday 12–3 pm.

Service Area: Primarily for Native Americans who are enrolled with a tribe. Produce available first and third Tuesday of the month.

Fare for All Program

Phone: 763-450-3880

Remarks: The Fare for All program is not a food shelf. It is a monthly food purchase program that allows participants to receive a package of food including fruits, vegetables and/or meat, for \$10–\$25. Some locations add a small transportation fee. Call for neighborhood locations and more info, or visit www.fareforall.org.

Groveland Emergency Food Shelf/Groveland Food for Youth

1900 Nicollet Ave., Minneapolis MN 55403 (Enter on Groveland Ave.)

Phone: 612-871-0277

Hours: (Adults) Monday–Friday 9:30 am–12:30 pm. Bring ID if able.

Hours: (Youth) Homeless youth ages 23 and under with no residency requirement: Tuesday and Thursday 4–7 pm.

Remarks: Delivery for adults is available for shut-ins. Stipend program for youth available for working 3 hours. Call for more information.

Joyce Uptown Food Shelf, Inc.

3041 Fremont Avenue South, Minneapolis MN 55408

Phone: 612-825-4431

Hours: Monday–Friday 1 pm–3:45 pm; and Thursday 1 pm–3:45 pm and 5–6:45 pm.

Service Area: Primarily for persons who live south of 25th St., north of 62nd St., west of I-35W, and east of France Ave.

Remarks: Will provide assistance once a month (twice in an emergency).

Little Kitchen Food Shelf

1500 6th Street NE, Minneapolis MN 55413

Phone: 612-788-2444

Hours: Wednesday and Friday from 10 am–noon; Tuesday and Thursday 6–7:30 pm.

Intake: Pre-registration for new clients Monday-Friday 9–11 am.

Remarks: No ID required and no geographic restrictions. Can use the food shelf once every four weeks. Pet food also available.

Messiah Lutheran Church

2400 Park Avenue South, Minneapolis MN 55404

Phone: 612-871-8831

Hours: Second Friday and fourth Saturday 8–11 am.

Service Area: For those who live in Phillips neighborhood (east of I-35W, west of Hiawatha Ave., north of Lake St. and south of I-94). Must bring proof of residency.

Minnesota Food Helpline

Phone: 1-888-711-1151 (*Multilingual assistance is also available*)

Hours: Monday–Friday 8:30 am–4:30 pm.

Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application for SNAP. Assists callers in locating food resources in their own community whether it be a food shelf and/or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children), and NAPS (Nutrition Assistance Program for Seniors).

New Creation Baptist Church

1414 East 48th Street, Minneapolis MN 55417

Phone: 612-825-6933

Hours: Food and clothing pantry is open Saturdays 10 am–2 pm; closed when there is a fifth Saturday of the month.

Remarks: Bring state ID with you to register.

NorthPoint Health & Wellness Center

1835 Penn Avenue North, Minneapolis MN 55411

(*Temporary location during construction*)

Phone: 612-767-9175 (*Food Shelf*)

Hours: Monday–Thursday 10 am–4 pm; intake closes at 3:30 pm.

Remarks: Persons need to bring some form of identification like Minnesota ID and mail with current address on it.

Nutrition Assistance Program for Seniors

Phone: 651-484-8241 or 1-800-365-0270

Remarks: Serves Minnesota residents who are 60 years and older; at or below 130% of the poverty level. Provides one box of food monthly (approximately 40 lbs. of stable supplemental food) to each senior. Call for information.

Sabathani Community Center

310 East 38th Street #20, Minneapolis MN 55409 (*Lower Level*)

Phone: 612-821-2396

First-time Registration: Monday–Thursday 9–11 am and 1–3 pm.

Returning Clients: Monday–Thursday 9–11:15 am and 1–3:15 pm.

Salvation Army Central Social Services

2727 Central Avenue NE, Minneapolis MN 55418

Phone: 612-789-1512

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Service Area: For those living in ZIP codes 55418, 55413, 55414, and Hennepin Co. part of 55421 we are a walk-in food shelf, but you may also call for an appointment. It is helpful, especially if you are visiting for the first time, to bring your photo ID and a current piece of mail.

Salvation Army Center City Office

53 Glenwood Avenue, Minneapolis MN 55403

Phone: 612-659-0711, extension 27

Hours: Monday through Friday 8:30 am–12 pm (*temporary hours*).

Emergency Services Area: ZIP codes served: 55401, 55402, 55403, 55405 (East of Penn and North of Franklin), 55411 (South of Plymouth and East of Penn) and 55415. Please call for an appointment.

Food Shelf Services Area: ZIP codes served: 55401, 55402, 55403 (North of Franklin), 55405 (East of Penn and North of Franklin), 55411 (South of Plymouth and East of Penn), 55415 and 55487. Please call for an appointment.

Remarks: Mail and photo ID are required if you rent or own in downtown Minneapolis.

Salvation Army Parkview

2024 Lyndale Avenue North, Minneapolis MN 55411

Phone: 612-522-6581

Food Shelf Hours: Monday–Thursday 9–11:30 am and 1–3 pm.

Business Hours: Monday–Friday 8 am–noon and 1–4 pm.

Service Area: For persons who live in north Minneapolis. Visitors should call and schedule an appointment. Must provide photo ID and current piece of mail at time of appointment. Food shelf is available once per calendar month. It is a first-come first-serve basis. We reserve the right to limit the number of households served if the volume of guests is too high.

Salvation Army Temple

1604 East Lake Street, Minneapolis MN 55407

Phone: 612-767-2700

Hours: Monday 1:30–3 pm; Tuesday and Thursday 9–11 am; Wednesday 1–3 pm; food shelf closed Fridays.

Service Area: For persons who live in south Minneapolis or southern Hennepin County. Walk-ins welcome. It is helpful, especially if you are visiting for the first time, to bring your photo ID and a current piece of mail.

Remarks: Food shelf provides the opportunity to shop with a volunteer for your needs. Free produce distribution every second Thursday of the month; doors open at 9:45 am.

Senior Food Shelf

1801 Central Avenue NE, Minneapolis MN 55413

Phone: 612-788-9521

Hours: Monday–Friday 9:30–11:30 am and 12–1:45 pm. Last number given out at 1:45 pm.

Remarks: Food shelf for people 55 and older. Must reside in Hennepin County. May use food shelf once per calendar month.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street, Minneapolis MN 55405

Phone: 612-338-4640

Hours: Monday–Thursday 10:30–11:30 am; 1:30–3 pm.

Remarks: If you are receiving welfare, go to neighborhood food shelf first.

Simpson United Methodist Church

2740 1st Avenue South, Minneapolis MN 55408

Phone: 612-874-7741

Hours: Tuesday and Wednesday from 9:30 am–12:30 pm.

Service Area: West of Portland Avenue, east of Lyndale Avenue, north of Lake Street, and south of Franklin Avenue.

Remarks: Need proof of residence and piece of mail with name and address or medical card for self. Family members must have medical, school ID or birth certificate. Can be used once every 30 days.

Waite House

2323 11th Avenue South, Minneapolis MN 55404

Phone: 612-721-1681

Hours: Monday and Friday 1–5 pm; Tuesday and Thursday 10 am–12 pm and 2–5 pm; closed on Wednesdays.

Remarks: Also provides free produce on the second and fourth Wednesday of the month at 1 pm; sign up at front desk at 10 am for produce distribution. Numbers will be handed out at 11:45 and 2:00. At noon there is a speaker presentation.

WIC Program (Women Infants Children)

Phone: 612-348-6100

Provides: Health and nutrition assessment; benefits of quality food like milk, cheese, iron-rich cereal, peanut butter and dry beans; information/referral, breastfeeding support.

Qualifications: To be eligible, you must 1) live in Hennepin County; 2) be a woman who is pregnant, breastfeeding or have had a baby in the last 6 months-year, be an infant, or be a child less than 5 years old; 3) be income eligible or receiving government assistance of any kind. This will be determined at the WIC intake appointment or by phone.

C. Free Meals

Breakfast

Catholic Charities Mary F. Frey Minneapolis Opportunity Center
740 East 17th Street, Minneapolis MN 55404

Phone: 612-204-8300

Serves breakfast 7–8 am Monday through Saturday.

House of Charity Food Centre

714 Park Avenue, Minneapolis MN 55415

Phone: 612-436-2055

Serves women and families with children Monday–Friday from 8:30–9 am.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street, Minneapolis MN 55405

Phone: 612-338-4640

Serves breakfast 10:30 am Monday–Thursday; Saturday and Sunday at 9:30 am.

Drop-in Centers, Lunch and Snacks

All God's Children Metropolitan Community Church

3100 Park Avenue South, Minneapolis MN 55407

Phone: 612-824-2673

Hours: Serves lunch on Thursdays from 11 am–1 pm.

Catholic Charities Mary F. Frey Minneapolis Opportunity Center

740 East 17th Street, Minneapolis MN 55404

Phone: 612-204-8300

Serves snacks 9:30–10:30 am and lunch 11:30–12:30 Monday through Saturday.

Drop-in Hours: Monday–Friday 7 am–3 pm; Saturday 7 am–1 pm. The Opportunity Center also has small-scale storage lockers (\$5 for 30 days only; after that must wait 2 months to rent locker again), showers, and laundry available Monday–Friday 8–10:30 am (\$1 for one wash/dry load).

Central Lutheran Church Restoration Center
333 South 12th Street, Minneapolis MN 55404

Phone: 612-870-4416

Hours: Lunch is served on Mondays 11:30 am–12:15 pm.; may end sooner, depending on the number of guests.

Remarks: During winter months, if Minneapolis Public Schools are closed due to weather, we will be closed, too.

House of Charity Food Centre

714 Park Avenue South, Minneapolis MN 55415

Phone: 612-436-2055

Hours: Lunch is served seven days a week 12–1 pm.

Marie Sandvik Center

1112 East Franklin Avenue, Minneapolis MN 55404

Contact: 612-870-9617

Hours: Tuesday 7 pm worship service followed by women's clothing and meal; Thursday 12 pm quilt and baby layette sign-up; Thursday 1 pm worship service followed by women's and children's clothing and meal (child care provided during service); Friday 7 pm worship service followed by men's clothing and meal; Sunday 6 pm service followed by men's clothing and meal.

Messiah Lutheran Church

2400 Park Avenue South, Minneapolis MN 55404

Phone: 612-871-8831

Provides: Lunch is served every Thursday at 12 noon.

Peace House

1816 Portland Avenue South, Minneapolis MN 55404

Phone: 612-870-7263 **Website:** www.peacehousecommunity.org

Hours: Monday–Friday 9:30 am–3:00 pm.

Provides: A gathering place where poor, homeless and economically comfortable people come to form community, work for non-violence, affirmation and responsibility. Emphasis on spirituality through daily reflection time together, followed by lunch. Doors closed for reflection, meditation and lunch from 11:30-12:30.

Salvation Army Parkview

2024 Lyndale Avenue North, Minneapolis MN 55411

Phone: 612-522-6581

Provides: Lunch served Monday–Friday 11:30 am–12:30 pm, except on public holidays.

Salvation Army Temple Corps

1604 East Lake Street, Minneapolis MN 55407

Phone: 612-767-2710

Provides: Lunch served Monday–Wednesday from noon–1 pm.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street, Minneapolis MN 55405

Phone: 612-338-4640

Hours: Serves lunch Monday–Thursday at noon; Saturday and Sunday at 11 am.

Soup for You Cafe

2511 East Franklin Avenue, Minneapolis MN 55406

Hours: Serves organic/vegetarian lunch Monday–Friday 11 am–1 pm. Groceries given out on random days. Open on weekday holidays.

Waite House

2323 11th Avenue South, Minneapolis MN 55404

Phone: 612-721-1681

Hours: Serves lunch Monday–Friday 11 am–12:30 pm.

Dinner

Living Spirit United Methodist Church

4501 Bloomington Avenue South, Minneapolis MN 55407

Phone: 612-721-5025

Serves dinner Wednesdays 5:30–6:30 pm.

Loaves and Fishes

All sites serve Monday–Friday 5:30–6:30 pm except as noted.

Main office phone: 612-377-9810

Website: www.loavesandfishesmn.org for all site information

New Bethel

1115 30th Avenue North, Minneapolis MN 55411

Holy Rosary Church

2424 18th Avenue South, Minneapolis MN 55404

Serves 5:15–6:15 pm Monday–Thursday

St. Stephen's School

2123 Clinton Avenue South, Minneapolis MN 55404

Creekside Community Center

9801 Penn Avenue South, Bloomington MN 55431

Hope Church

7132 Portland Avenue South, Richfield MN 55423

Serves Monday–Thursday 5–6 pm.

Oak Park Neighborhood Center

1701 Oak Park Avenue North, Minneapolis MN 55411

Phone: 612-377-7000

Provides: Community meals are served Tuesday, Wednesday and Thursday 4–6:30 pm.

Sharing and Caring Hands (Mary Jo's)

425 North 7th Street, Minneapolis MN 55405

Phone: 612-338-4640

Hours: Dinner is served Monday–Thursday at 3 pm.

Other Weekend Meals

Calvary Baptist Church

2608 Blaisdell Avenue South, Minneapolis MN 55408

Phone: 612-872-7855

Remarks: Dinner on Sundays, October–March. Doors open at 1:30 pm for 2:30 meal. Closed on the first Sunday of the month.

First Nations Kitchen

3044 Longfellow Avenue South, Minneapolis MN 55407

(All Saints Episcopal Indian Mission)

Remarks: Serves dinner Sundays from 5:30–6:30 pm.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3100

Remarks: For Sunday, a nice lunch is served after chapel (worship service begins at 10:30 am, Sunday school at 9 am). You must attend chapel to go to the meal.

Wesley Church

101 East Grant Street, Minneapolis MN 55403

Remarks: Tickets are issued at 10:30 am and doors open at 11:30 for noon meal.

These Sunday meals are served 5–6 pm

First and Fifth Sundays of the Month

Hennepin Avenue Methodist Church

511 Groveland Avenue, Minneapolis MN 55403

Second Sunday of the Month

St. Mark's Episcopal Cathedral

519 Oak Grove Street, Minneapolis MN 55403

Third Sunday of the Month

Plymouth Congregational Church

1900 Nicollet Avenue South, Minneapolis MN 55403

Fourth Sunday of the Month

Westminster Presbyterian Church

1200 Marquette Avenue, Minneapolis MN 55403

D. Overnight Shelter

Metro Shelter Hotline

Phone: 1-888-234-1329 (toll free)

Remarks: Provides information about emergency shelter and transitional housing for single adults, families and youth in the 7-county metro area.

Shelter Intake Process for all Minneapolis Single Adult Shelters (Men and Women)

In order to access shelter beds at Catholic Charities Higher Ground, Our Saviour's Shelter, St. Stephen's Shelter, Salvation Army Harbor Light Center, Simpson Shelter or First Covenant Shelter by St. Stephen's, contact:

Adult Shelter Connect at St. Olaf Church

215 South 8th Street (office is in basement)

Phone: 612-248-2350

Daytime Hours: (walk-in or call) 10 am–5 pm Monday–Friday; and 1 pm–5 pm Saturday–Sunday.

After hours: (phone only) After evening check-in at the shelters, Adult Shelter Connect is available again via phone to fill any unclaimed beds beginning at 7:30 pm.

Women only

Salvation Army Harbor Light Center Sally's Place

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3113

Intake: Must be referred through Adult Shelter Connect (*above*).

Provides: A secure shelter for single homeless women. Shower facilities are available. A light continental breakfast is provided by 2.4 Ministries.

Men and Women

First Covenant Church Shelter by St. Stephen's

810 South 7th Street, Minneapolis MN 55415

Phone: 612-927-3113

Hours: 6 pm–7 am

Intake: Must be referred through Adult Shelter Connect (*above*).

Provides: 50 beds to accommodate partners sleeping next to one another.

Services: Light breakfast, showers, and evening meals are available to guests. Some job search assistance available. Savings program to support those working towards housing.

Remarks: Guests must arrive or call to check in by 7 pm each night. 10 pm curfew. Late entry available for guests with verified employment.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3113

Intake: Must be referred through Adult Shelter Connect (see p. 15).

Emergency Housing: Provides 24/7 emergency housing for single adults, many with disabling conditions. Beds reserved on a month-to-month basis through Adult Shelter Connect, *Open to men and women.*

Pay-for-Stay Housing: Is for men and women who are employed and can self-pay for Emergency Housing. Weekly and monthly rates are available. *Open to men and women.*

Our Saviour's Shelter

2219 Chicago Avenue South, Minneapolis MN 55404

Phone: 612-872-4193, ext. 0

Hours: 5:30 pm–8:30 am

Intake: Must be referred through Adult Shelter Connect (see p. 15).

Provides: Has 34 beds for men and 6 beds for women are available for 30 days. Some extensions are possible. Breakfast, supper, showers, laundry, and an address to receive mail are available. Building is wheelchair accessible.

Simpson Shelter

2740 1st Avenue South, Minneapolis MN 55408

Phone: 612-874-0306

Hours: 5 pm–9 am

Intake: Must be referred through Adult Shelter Connect (see p. 15).

Provides: 66 beds for men and women (separate men's and women's spaces; guests can stay wherever they identify or feel most comfortable). Hot dinner, a simple breakfast and a to-go lunch are served to guests; showers, laundry, storage, ability to save money, health clinic, advocacy, and community.

Remarks: 90-day program with assistance connecting with housing resources. Guests do not need to be sober. Accepts companion animals as space allows. Dinner is served for current residents and former guests who are now in their own housing.

Men Only

Catholic Charities Higher Ground Minneapolis

165 Glenwood Avenue North, Minneapolis MN 55405

Phone: 612-204-8552 (answered between 4-5pm and 7 pm-8 am)

Intake: Must be referred through Adult Shelter Connect (see p. 15).

Provides: Provides overnight shelter for single adult men without children who are not eligible for county shelter. Open 7 days a week from 5 pm–10 am. A light dinner is served. Restrooms and showers are available. Pay-for-Stay beds are available for \$7/night or \$42/week. Pay-for-Stay is open from 4 pm–10 am, and has lockers and a computer lab for residents. Must have staff referral, then are put on a wait list for Pay-for-stay.

St. Stephen's Shelter

2211 Clinton Avenue South, Minneapolis MN 55404

Phone: 612-874-9292

Hours: 5 pm–9 am

Intake: Must be referred through Adult Shelter Connect (see p. 15).

Provides: 44 beds for men 18+.

Services: Light breakfast, showers, evening meals and laundry are available to guests. Regular medical services are offered. Hennepin County Access workers make regular visits. Some job search assistance available. Savings program to support those working towards housing.

Remarks: Guests must arrive or call to check in by 7 pm each night. 10 pm curfew. Late entry available for guests with verified employment.

Salvation Army Harbor Light Center Safe Bay

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3100 ext. 3158

Intake: Must be referred through Adult Shelter Connect (see p. 15).

Provides: A secure shelter for single homeless men. Shower facilities are available. A light continental breakfast is provided by 2.4 ministries.

Families with Children

People Serving People

614 South 3rd Street, Minneapolis MN 55415

Front Desk Phone: 612-277-0201

Remarks: The focus of this shelter is on families with children; and single pregnant females. All referrals are made by Hennepin County. Single pregnant women would share a room with one or two other women, while families have a private room. Women with one child under 8 share a room.

Services: Three meals, private rooms with bathroom and shower; and free laundry facilities are available. Assistance from Minneapolis Public Schools, medical clinic, Economic Assistance, Minneapolis Crisis Nursery, Rapid Exit and a preschool are also available, as well as services from 40 other agencies.

Families Moving Forward

1808 Emerson Avenue North, Minneapolis MN 55411

Phone: 612-529-2185

Remarks: Space is available for 8 families with children. 60-day stays with extensions available. Families sleep in various church congregations. Laundry, showers and meals are available.

Hours to call for shelter: If you are in need of shelter, call to find out about openings between 7:30 am–5:30 pm Monday-Sunday.

Mary's Place

401 North 7th Street, Minneapolis MN 55405

Phone: 612-338-4855

Intake Hours: Monday through Thursday 10:15–11:30 am and 1:30–2:30 pm. Your entire family must go to Sharing and Caring Hands (525 N. 7th St.) to apply for shelter at Mary's Place.

Provides: Shelter for up to 30 days for families with two or more children. Shelter cannot be arranged over the phone.

St. Anne's Place

2634 Russell Avenue North, Minneapolis MN 55411

Phone: 612-521-2128

Remarks: Up to 16 rooms are available for homeless families (mothers age 18+ and children only; no men). Families are referred through Hennepin County shelter team (612-348-9410).

Safe Shelter

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111

Business Phone: 952-884-0376

Provides: Emergency housing for individuals or families in crisis and victims of sexual assault and trafficking. Clients also have access to full range of supportive services, including legal, parenting, therapy and transitional housing.

Missions Inc. Programs/Home Free Shelter

24-Hour Crisis Hotline: 763-559-4945

Business Phone: 763-559-9008

Community Program: 763-545-7080

Provides: Emergency shelter for women and their children who are experiencing domestic violence. There is space for up to 30 women and children. Services include safety planning, support, advocacy, information and referral, children's program and childcare. Community Program provides legal advocacy for victims following a domestic assault.

Tubman

3111 1st Avenue South, Minneapolis MN 55408

Business Phone: 612-825-3333

Office Hours: Monday–Thursday 8 am–5 pm; Friday 8 am–noon.

24-hour Crisis Intake: 612-825-0000

Remarks: There is space for 80 women and their children in a secure environment. Referrals are made to safe shelters in the area when they are without space. Also has a site in Maplewood.

Youth

Avenues for Youth

1708 Oak Park Avenue North, Minneapolis MN 55411

Phone: 612-522-1690

Intake information: Call for information. Open 24 hours a day, seven days a week.

Provides: Overnight shelter for youth ages 16–20; case management, referral to services. Also offers an emergency shelter in Brooklyn Park.

Remarks: Call by 4 pm for one available emergency bed.

The Bridge for Youth

1111 West 22nd Street, Minneapolis MN 55405

24-Hour Crisis Phone: 612-377-8800

Website: www.bridgeforyouth.org

Remarks: Space for 10–17 year olds. Call to see if space is available.

Services: Youth support groups, individual and family counseling. Transitional living spaces also available for 16 year olds.

Hope Street

1121 East 46th Street, Minneapolis MN 55407

Phone: 612-204-8448

Intake: Call for information about available openings, or download the YSN app.

Provides: Shelter for youth ages 18–21; case management, on-site clinic, MH services.

Pillsbury United Communities

Crisis Nursery line: 612-302-3500

Provides: Crisis nursery services in a community-based family support program that provides services to parents and children in times of crisis or stress.

E. Showers

Catholic Charities Mary F. Frey Minneapolis Opportunity Center

740 East 17th Street, Minneapolis MN 55404

Showers and laundry are available Monday–Friday 8–10:30 am.

Arrive between 7–8 am to receive a ticket for shower.

House of Charity

510 South 8th Street, Minneapolis MN 55404

Showers are available Monday–Friday, 9 am–1 pm.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street, Minneapolis MN 55405

Showers are available Monday–Thursday, 10:30–11:30 am.

F. Rapid ReHousing, Transitional Housing and Permanent Supportive Housing

Supportive housing generally falls into three categories: Rapid ReHousing, Transitional Housing, and Permanent Supportive Housing. There are many organizations in the community that provide supportive housing programs dedicated to those experiencing homelessness. All of these programs must be accessed through the Coordinated Entry System (see below and page 21).

Rapid ReHousing (RRH) programs are short term and have the goal of moving individuals and families from homelessness to housing as quickly as possible. RRH programs provide individuals and families with housing search assistance, rental assistance, and supportive services/case management. Most RRH programs are scattered site which means the program helps both individuals and families find housing with market rate landlords out in the community, and the rental assistance ensures the housing is affordable and works on increasing their income to be able to afford rent on their own. RRH programs vary in their length, but typically last three to nine months; though some might be up to two years.

Transitional Housing Programs (THP) last up to two years. These programs are often site-based (meaning located in a particular building that is managed by the program), but they can be scattered site as well. Transitional Housing programs come with intensive case management services designed to prepare families for living independently. Some THPs have sobriety requirements.

Permanent Supportive Housing (PSH) programs do not have time limits; singles and families can stay for as long as they remain eligible. PSH programs can be scattered site or site-based and come with long-term intensive case management services. Some PSH programs have sobriety requirements.

Coordinated Entry System for Families

The Coordinated Entry System helps families in emergency shelter access supportive housing programs in Hennepin County.

How it works: Once a family is vouchered into shelter by the shelter team, they are included in the coordinated entry process automatically. Families staying in domestic violence shelters or other private shelters are encouraged to work with their advocates at the shelter to access coordinated entry through calling Hennepin County's Front Door (612-348-4111).

The Coordinated Entry system involves a screening assessment to determine eligibility for homeless-dedicated housing opportunities. If eligible, families are placed in a housing priority pool and are referred to housing opportunities based on level of need and available openings.

Note: There are significantly more families in need of housing than there are housing openings. Unfortunately, this means that many families will not receive a housing referral. If you have completed the screening process and have not gotten a call regarding a housing opportunity, this means there is not currently an opening available for your family. If you have questions regarding this, contact the shelter team if you are staying at a county-funded shelter, or contact an advocate at your shelter if you are staying at a domestic violence shelter or another private shelter.

Eligibility:

- Families only – must have at least one minor child in your care or custody, or currently be pregnant.
- Must be staying in an emergency shelter, including domestic violence shelters, or places not meant for human habitation.
- Must be residents of Hennepin County.
- Must remain in shelter to remain eligible.
- Families that are doubled up or couch hopping are not eligible.

Coordinated Entry System for Single Adults

The Coordinated Entry System (CES) helps single adults in emergency shelter or places not meant for human habitation (e.g., in cars or living outside) access homeless-dedicated supportive housing programs in Hennepin County.

How it works: After entering emergency shelter, if an individual is unable to locate housing on their own after two weeks, shelter staff will approach that individual and screen them for coordinated entry. If an individual is in a place not meant for human habitation (camping, outdoors, buses, storage units, etc), street outreach staff may identify someone for screening at any point. This screening helps determine the individual's vulnerability, housing preferences, and eligibility for homeless-dedicated housing opportunities. If eligible, individuals are placed in a housing priority pool and are referred to programs based on level of need and available openings.

Note:

- There are significantly more individuals in need of housing than there are housing openings. Unfortunately, this means that many individuals will not receive a housing referral, even if eligible. If you have completed the screening process and have not gotten a call regarding a housing opportunity, this means there is not currently an opening available for you.
- If your contact info changes or if you have questions about the process, notify a street outreach or shelter worker and they can update your information or do a status check for you.
- There are other housing programs and resources that are not filled through the Coordinated Entry System. It is recommended that individuals pursue any housing possibilities, not just those accessed through CES.

Eligibility:

- Single adults – age 18 and over.
- Must be staying in an emergency shelter, including domestic violence shelters, or places not meant for human habitation within Hennepin County.
- Individuals who are doubled up or couch hopping are not eligible.

There are many agencies that provide Rapid ReHousing, Transitional Housing and Permanent Supportive Housing services. After you complete the Coordinated Entry Housing Assessment, you will be assigned to one of them. There is no need to inquire with individual agencies.

Alliance Apartments

719 East 16th Street, Minneapolis MN 55404

Phone: 612-630-3600

Rent: 30% of income for Section 8, \$575 for the non-subsidized units and GRH funding for the addition.

Remarks: 100 units are Section 8 certificates; another 24 are non-subsidized units which are permanent housing. There is no limit on the length you may live here. This is an entirely sober living environment. Residents must be sober on and off the property. Supportive services (e.g., AA meetings, case management, counseling) are available. 60 GRH-funded units in new addition with same qualifications.

Alternative Homes

2430 Pillsbury Avenue South, Minneapolis MN 55404

Offices: 2446 Portland Avenue South

Phone: 612-874-6321 or 612-874-0207

Website: www.alternativehomes.org.

Provides: Safe, sober housing for single, adult men only. One house has 24-hour staff and medication assistance. Room and board are included in rent, which is often paid through GRH or SSI. There is no limit to how long a resident can stay there, only that they follow the rules.

Remarks: Application must be submitted through the website.

Anishinabe Wagiagun

1600 East 19th Street, Minneapolis MN 55404

Contact: 612-871-2883

Remarks: Supportive housing for chronic alcoholics, men and women. Case management services and referrals are available. Anishinabe Bii Gii Wiin next door offers 32 beds of sober living. **Intake Hours:** Anishinabe Wagiagun: Monday through Friday 7 am–3 pm; Anishinabe Bii Gii Winn: Monday, Wednesday and Friday 8–9 am.

Archdale Apartments

1600 1st Avenue South, Minneapolis MN 55403

Phone: 612-253-1462

Remarks: Has 26 units of permanent rental housing for youth ages 16–21 and 4 onsite parent units. There also are 7 scattered site apartments for single teen parents. Alcohol and drug use is prohibited on site. Applicants must currently be homeless.

Arrigoni House West

508 University Avenue SE, Minneapolis MN 55414

Phone: 612-331-6582

Intake procedures: Intake done by phone only Tuesday and Thursday 8:30–11:30 am. No walk-ins. Must be receiving benefits through GA or MSA.

Provides: Board and lodge for chemically dependent and chemically dependent-mentally ill males; structured sober living environment.

Ascension Place

1803 Bryant Avenue North, Minneapolis MN 55411

Phone: 612-588-0861

Provides: Sober supportive housing for women with mental illness, chemical dependency, domestic violence or homelessness. No children. Room and board is paid by GRH through GA or SSI. Private bedrooms with shared bathrooms; all meals provided. Must have 60 days of sobriety and mental health stability, and commit to living at least 2 months at Ascension Place. No limit on how long a resident can stay.

Avivo

1825 Chicago Avenue South, Minneapolis MN 55404

Phone: 612-752-8200

Provides: Independent living program to help homeless mentally ill individuals to get off the streets and develop a stable rental history.

Remarks: Must be referred by Coordinated entry. No families or couples.

Catholic Charities Higher Ground Residence

165 Glenwood Avenue North, Minneapolis MN 55405

Phone: 612-204-8551

Provides: Permanent supportive housing with services for people who have been long-term homeless. 74 SRO units are available for single men, and 11 efficiency apartments for single men or women. **Rent:** Some SRO units are funded through GRH, and some SROs and efficiencies through Shelter Care Plus, which would be 30% of income. For both you must be receiving or eligible for some form of public assistance.

Intake: Call for information, or ask staff at Higher Ground shelter.

Central Avenue Apartments

1828 Central Avenue NE, Minneapolis MN 55418

Contact: 612-782-2999

Remarks: Efficiency apartments for people who are homeless, sober, and have a verifiable disability. Rent is 30% of income. Must document 30 days of sobriety.

Exodus Residence

819 2nd Avenue South, Minneapolis MN 55402

Contact: 612-204-8330

Remarks: Must be referred by Hennepin County. 89 units of transitional housing; 6 units of VA housing. Case management is available. Stays are up to 2 years in transitional units. They take referrals from MDs, RNs, ARMHS workers and case managers.

Glenwood Residence

173 Glenwood Avenue North, Minneapolis MN 55405

Contact: 612-204-8405 or 612-204-8421

Remarks: Support services and housing for late-stage, chronic alcoholics (private room with shared baths; meals included). This is not sober housing. Men only.

House of Charity Housing First/Supportive Services

510 South 8th Street, Minneapolis MN 55404

Phone: 612-594-2027

Intake: Must be referred to program by another agency. Call for info.

Remarks: Harm reduction GRH-funded program providing scattered-site permanent housing (individual apartments) with home visits from support staff. Must pass background checks according to landlord's criteria.

House of Charity Housing First/Supportive Services

510 South 8th Street, Minneapolis MN 55404

Phone: 612-594-2002 (intake coordinator)

Intake: Must be referred to program by another agency. Call for information.

Remarks: GRH-funded board and lodge. Program includes case management, meals, laundry facilities. Referrals are prioritized by need and appropriateness of services.

Life Rebuilders Midwest Challenge

3049 Columbus Avenue South, Minneapolis MN 55407

Phone: 612-825-6871 x7

Hours: Monday–Friday 9 am–4 pm.

Provides: Residential program in a safe, supportive environment for men ages 18+ who desire to get their lives on a productive course, (staying free of drugs, alcohol, and other addicting behaviors). The program offers emotional, intellectual, physical and spiritual support to help participants grow and gain the strength to succeed. Programs 6 months or more in length. Housing available in Hennepin and Dakota Counties.

Intake: Potential clients must make an appointment for an interview with the admissions coordinator. Each person accepted into the program must apply for GA and GRH.

Remarks: For more information, go to www.LRBMN.org.

Lydia Apartments

1920 LaSalle Avenue South, Minneapolis MN 55403

Phone: 612-879-5770

Provides: Permanent supportive housing for people with disabilities. All apartments are efficiencies. Must be homeless, disabled and committed to sobriety (60 days sobriety required).

Intake: Must be referred by Hennepin County.

Metro Shelter Hotline

Phone: 1-888-234-1329 (toll free)

Remarks: Provides information about emergency shelter and transitional housing for single adults, families and youth in the 7-county Metro area.

Missions Inc. Programs/Mission Lodge and Smith Lodge

3409 Medicine Lake Blvd., Plymouth MN 55441

Phone: 763-559-9008

Provides: Transitional housing for individuals in recovery from chronic chemical addiction. Services include: goal planning, assistance with transportation, referrals for medical, mental & behavioral health care, activities, AA/NA groups, women's program, work program, advocacy and information.

Nicollet Square

3710 Nicollet Avenue South, Minneapolis MN 55409

Phone: 612-823-0122

Provides: Permanent supportive housing for 42 youth ages 16–22.

Remarks: Referrals provided through Hennepin County Coordinated Entry and extended foster care.

Opportunity Housing

Continental Hotel

66 South 12th Street, Minneapolis MN 55403

Phone: 612-339-4557

The Lamoreaux

706 1st Avenue North, Minneapolis MN 55403

Phone: 612-376-7661

The Coyle

1801 LaSalle Avenue, Minneapolis MN 55403

Phone: 612-746-4854

Provides: Group residential housing (GRH) program with efficiency apartments and some Section 8 and market-rate units for long-term homeless individuals. Regular case management and supportive services.

Remarks: Must be referred by a social service provider, be age 18 or older, eligible for GA or SSI, and have been long-term homeless. Staff will review applications for eligibility.

Our Saviour's Housing

2219 Chicago Avenue South, Minneapolis MN 55404

Phone: 612-872-4193

Remarks: Rent is no more than 30% of income. Cooperative living environment and a drug-free house. Candidates for this program must be referred through Coordinated Entry.

Our Saviour's Housing

2219 Chicago Avenue South, Minneapolis MN 55404

Phone: 612-872-4193

Provides: Permanent supportive housing for individuals who have a disability and have been long-term homeless.

Intake: Candidates for this program must be referred from Hennepin County Coordinated Entry (See page 21).

People Serving People

614 South 3rd Street, Minneapolis MN 55415

Phone: 612-332-4500

Provides: Permanent supportive housing program for families approved by Coordinated Entry.

Portland Village

1829 Portland Avenue South, Minneapolis MN 55404

Phone: 612-872-9045

Provides: A sober living environment for homeless families with a disability. Rent is 30% of income. Supportive services, including day care, are available. Permanent supportive housing.

Remarks: Must be sober upon move in, and remain sober on and off the property.

Project for Pride in Living (PPL) Cabrini Supportive Housing

1035 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-455-5100

Remarks: Scattered site supportive housing for adults who are long-term homeless, meet Housing Supports or HUD eligibility, and have a disability. All referrals come through Coordinated Entry.

Pursuit Homotel

1918 Park Avenue South, Minneapolis MN 55404

Phone: 612-874-0332

Website: www.pursuithometel.com

Provides: Board and Lodge open to men only. Referrals accepted through DOC, treatment programs and community organizations. Rent is \$922/month or \$30.31/day.

Remarks: Must be referred by parole or probation officer, mental/chemical health professional, or Coordinated Entry.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3109; **Veterans should call** 612-767-3100 x3144

Remarks: Transitional housing and structured sober living for men and women recovering from chemical dependency or chronic homelessness. Housing is offered at Harbor Light Center as well as at offsite locations. Additional programming provided for veterans. Veterans must apply through the VA's Front Porch meeting at the VA Medical Center on Thursday mornings at 7:30 am or at the VA CRRC in downtown Monday through Friday at 7:30 am.

Salvation Army HOPE Harbor

53 Glenwood Avenue, Minneapolis MN 55405

Phone: 612-659-0705

Rent: Varies. Some units are 30% of income; market rate units are \$390/month

Provides: Permanent supportive housing for single adults. Efficiency unit includes own bathroom, kitchen and furnished bed, dresser and desk.

Remarks: Call first to find out if accepting applications. Applications may also be picked up at front desk.

Simpson Housing Services

2100 Pillsbury Avenue South, Minneapolis MN 55404

Phone: 612-874-8683

Intake: Referrals only through Coordinated Entry System.

Provides: Short-term and long-term housing and support services for individuals and families with children.

Remarks: Housing is scattered-site and site-based within Hennepin County.

Turning Point, Inc.

1500 Golden Valley Road, Minneapolis MN 55411

Phone: 612-520-4004

Remarks: Supportive housing program is a culturally-specific, community-based sober, supportive housing program serving homeless men and women over the age of 18. The goal of the program is to provide affordable housing and deliver comprehensive support services.

Vail House

1025 SE 6th Street, Minneapolis MN 55414

Info Phone: 612-454-4480

Remarks: A group residential housing (GRH) facility that provides transitional housing and services to support homeless adults with mental illness and chemical dependency needs. Up to 22 residents can be served in the communal transitional housing. Staff work with private landlords throughout Hennepin County to locate permanent housing for participants.

Wayside Recovery Center and Family Treatment

2120 Clinton Avenue South, Minneapolis MN 55404

Phone: 612-871-0099

Remarks: Long-term residential substance abuse and mental health treatment program. This comprehensive family treatment program provides services for mothers and their children up to age 11. Children are able to visit or live on-site with their mothers. Early childhood education, preschool and parenting groups provided. Services include on-site nursing staff, recovery specialist, family therapy, play therapy, relapse prevention and DBT-based skills groups.

YouthLink

St. Barnabas Apartments

906 South 7th St., Minneapolis MN 55415

Phone: 612-253-0630

Provides: 39 units of permanent subsidized housing with supportive services for youth ages 16-21.

Remarks: Must be referred by Coordinated Entry.

G. Affordable Housing

Rental Housing

Alliance Housing Inc.

2309 Nicollet Avenue, Minneapolis MN 55404

Phone: 612-870-2267

Remarks: Scattered independent living sites provide shared units for homeless single adults and apartments for homeless families.

There are no subsidies or services. Income must be verifiable.

The Bridge for Youth

1111 West 22nd Street, Minneapolis MN 55405

Phone: 612-377-8800

Remarks: Rita's House is an intentional living community with 12 units for youth 18–21 years old who are homeless or at risk of homelessness. Youth living in the house work together to support one another, develop shared goals and rules for their community, build the skills necessary to live independently, and create rental history.

Evergreen Residence

177 Glenwood Avenue North, Minneapolis MN 55405

Phone: 612-204-8421

Rent: \$390/month plus \$390 damage deposit

Provides: Single rooms with shared baths and kitchen space.

Intake: Walk-in to fill out application. Has a 24-hour front desk; interview required.

Remarks: Must have verifiable income less than \$35,000; call or stop in to be put on an “interested list.” Can apply online at www.cctwincities.org/evergreen

HOPE Community

1928 Portland Avenue, Minneapolis MN 55404

Phone: 612-874-8867

Housing Information: 612-333-9284 (*info about Aeon properties*)

Hours: Monday, Tuesday, Wednesday and Friday 9 am–4 pm

Remarks: Permanent affordable rental housing open to individuals and families.

Rent: A range of rents and units are available in several different buildings.

Minneapolis Public Housing Authority

1001 Washington Avenue North, Minneapolis MN 55401

Phone: 612-342-1400

Hours: Monday–Friday from 8 am–4:30 pm.

Provides: housing assistance in the form of Section 8 rent subsidy vouchers and residence in public housing to individuals, families, and senior citizens who meet eligibility requirements.

Remarks: More info at www.mphaonline.org.

Other Housing Assistance

American Indian Community Development Corp.

1508 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-813-1610

Website: www.aicdc-mn.org.

Hours: Monday–Friday, 8 am–4:30 pm.

Provides: List of available housing in the seven-county metro area. No financial assistance is provided. While focused on the Native American community, this service is available to all.

Catholic Charities Homeless Prevention Program

Intake Phone: 612-204-8273

Provides: The Prevention program provides some financial help to prevent single adults from losing housing.

Intake: Applicants must call first to begin the process.

Remarks: Individuals must be a single adult with no children living in the home. They must live in Minneapolis and have a denial letter from Emergency Assistance. Situation must be resolvable, and they must have some income to go toward rent.

HOME Line

Phone: 612-728-5767; toll free 1-866-866-3546

Hours: Monday–Thursday 9 am–6 pm; Fri. 9 am–3 pm.

Provides: Provides free legal, organizing, education and advocacy services so that tenants can solve their own rental housing problems. The HOME Line hotline advocates provide free advice regarding Minnesota tenant/landlord law. Tenants may email and find an attorney by going to the website www.homelinemn.org.

Remarks: Staff available who speak Spanish, Hmong, and Somali.

Legal Aid

111 North 5th Street Suite 100, Minneapolis MN 55403

Intake: 612-334-5970

Phone Intake hours: Monday–Friday 9:30–11:30 am; 1:30–3:30 pm.

Office Phone: 612-332-1441

Provides: Legal assistance for individuals with housing-related problems (eviction, sub-standard housing, need for repairs, rent increases, landlord abuses, loss of public housing matters, etc.)

Remarks: Services are free if eligible.

Matrix Housing Services

2929 4th Avenue South, Suite 210, Minneapolis MN 55408

Phone: 612-915-0202

Emergency Shelter: 651-319-2153 (Dakota County)

Website: www.matrixhousingservices.org

Provides: Quality support to those experiencing homelessness. Current services include emergency shelter, providing assessments to be used to connect individuals to resources, family reunification in Dakota County, and accepting referrals from shelter for our Rapid ReHousing program.

Minnesota Attorney General's Office

Phone: 651-296-3353 or 1-800-657-3787

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: Information about housing law and tenant rights to anyone in Minnesota.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, Open Access Connections provides an individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services professionals. It also serves as a safe phone number for victims of domestic abuse. There is no charge. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. There is a one-time fee for the cell phone, but monthly service will be free and includes 1,000 units of talk, unlimited text, and 100mb of data. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

St. Stephen's Human Services

2309 Nicollet Avenue, Minneapolis MN 55404

Intake Phone: 612-870-2298

Provides: The Prevention program provides some financial help to prevent families and singles from experiencing homelessness.

Intake: Applicants must call first to begin the process.

Remarks: Families and singles must live in Hennepin County and have a denial letter from Emergency Assistance.

H. Furniture

Bridging - Bloomington Warehouse

201 West 87th Street, Bloomington MN 55420

Phone: 952-888-1105 **Website:** www.bridging.org

Hours: Monday–Thursday 9 am–6 pm; Friday–Saturday 9 am–3 pm.

Service Area: Primarily the 7-county Twin Cities Metro.

Provides: Basic home essential package of quality furniture and household goods to those transitioning out of homelessness and poverty. *In order to receive services from Bridging, you must be referred by a registered partner agency.* Clients are referred to Bridging through a network of more than 100 local social service agency partners, ranging from; county assistance programs, faith-based organizations, shelters, emergency assistance, mental health services, veteran and disability programs and immigrant/refugee services.

Remarks: Referring agencies and caseworkers determine the household needs and schedule the shopping appointment at a Bridging warehouse in Bloomington or Roseville. For general questions about our client services, call to speak with a representative or visit our website.

Salvation Army

For furniture and household good vouchers, clients must have a new lease and moved into their place within the last 90 days. Client must provide lease, photo ID and medical card, social security card or birth certificate for the other household members.

Temple: 1604 East Lake Street, Minneapolis MN 55407

Phone: 612-767-2700

Hours: By appointment only. Call 612-727-2700 to schedule.

Parkview: 2024 Lyndale Avenue North, Minneapolis MN 55411

Phone: 612-522-6581

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Remarks: Client must have a referral from a caseworker, social worker or advocate, and must provide a \$70 money order. Once the client has these items, please call 612-522-6581 ext. 106 to set up an appointment.

Salvation Army

Central: 2727 Central Avenue NE, Minneapolis MN 55418

Phone: 612-789-1512

Noble: 10011 Noble Parkway, Minneapolis MN 55443

Phone: 763-425-0517

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Remarks: Client must have a referral from a caseworker, social worker or advocate, Once you have this, please call for an appointment. Will need to provide a photo ID and piece of current mail at the time of the appointment.

I. Case Management

Comunidades Latinas Unidas en Servicio (CLUES)

720 East Lake Street, Minneapolis MN 55407

Phone: 612-746-3500

Hours: Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm.

Provides: Home-centered advocacy series to link families with culturally-specific support and case management.

Metropolitan Center for Independent Living

530 Robert Street North, St. Paul MN 55101

Phone: 651-646-8342

Hours: Monday–Friday 8 am–4:30 pm.

Provides: Works with people with disabilities to help them gain a more independent life through life skills classes and one-on-one meetings to discuss goals and develop plans to accomplish the goals.

NorthPoint Health & Wellness Center

1315 Penn Avenue North, Minneapolis MN 55411

Phone: 612-543-2500 (*Front Desk*)

Hours: Monday–Friday 8:30 am–5 pm.

Remarks: NorthPoint Human Services offers a wide range of services including: client advocacy, financial counseling, housing and rental assistance, and a food shelf.

St. Stephen's Human Services

2309 Nicollet Avenue, Minneapolis MN 55404

Phone: 612-874-0311

Provides: Representative Payee Service handles funds for people receiving Social Security/Disability benefits. Makes certain rent and bills are paid, then disburses personal needs funds throughout the month.

Salvation Army - Locations listed below

Provides: Case management services to help individuals and families move toward self-sufficiency.

Salvation Army Central

2727 Central Avenue NE, Minneapolis MN 55418

Phone: 612-789-1512

Hours: Monday–Friday 8 am–noon and 1–4pm.

Service Area: ZIP codes served: 55418, 55413, 55414, and Hennepin Co. part of 55421. Call for an appointment. Clients must have a photo ID and a piece of mail at the appointment.

Remarks: Other services include rental assistance, transportation assistance, hygiene items, referrals for clothing, clothing vouchers and some furniture assistance.

Salvation Army Noble

10011 Noble Parkway, Minneapolis MN 55443

Phone: 763-425-0517

Hours: Monday–Thursday 8:30 am–noon and 1–4 pm.

Service Area: Northern and northwest suburbs of Hennepin Co.

Remarks: Other services include rental assistance, utility assistance, transportation assistance, hygiene items, clothing vouchers, food vouchers and a walk-in food distribution on Tuesdays from 10:30–11:30 am. Please call in advance to determine eligibility and schedule an appointment.

Salvation Army Parkview

2024 Lyndale Avenue North, Minneapolis MN 55411

Phone: 612-522-6581

Hours: Monday–Friday 9–11:30 am and 1–3:30pm.

Service Area: North Minneapolis. Call for an appointment. Clients must have a photo ID, letter of referral, and a piece of mail.

Salvation Army Center City Office

53 Glenwood Avenue, Minneapolis MN 55405

Phone: 612-659-0711, extension 27

Hours: Monday–Friday 8 am–noon.

Service Area: Based on ZIP codes 55401, 55402, 55403, 55404, 55418. Call to make an appointment.

Remarks: Other services include hygiene/meal kits, transportation assistance (medical appointments or new job with verification of appointments/new job) and employment assistance (access to job posting board in lobby). Assistance with rent and deposit based on eligibility criteria.

Salvation Army Temple

1604 East Lake Street, Minneapolis MN 55407

Phone: 612-767-2700

Hours: Tuesday and Thursday 1–3 pm; Wednesday 9–11 am; Friday 9 am–4 pm.

Service Area: South Minneapolis and southern Hennepin county. Call for an appointment. Clients must have a photo ID and a piece of mail at the time of the appointment.

Remarks: Other services include hygiene items, referrals for clothing, clothing vouchers, some furniture assistance and utility assistance. Can help once a year with prescriptions that are necessary for survival.

Section 2. Public Assistance

Everyone has the right to apply for public assistance. Public assistance is available to persons who do not have the financial resources to pay for necessities such as food, housing, and medical care. There are different kinds of assistance, and each program has its own requirements and limits on income/assets.

A. Types of Assistance

Minnesota Family Investment Program (MFIP)

Diversionsary Work Program (DWP)

Emergency Assistance (EA)

Energy Assistance

Supplemental Nutrition Assistance Program (SNAP)

General Assistance (GA)

Medical Assistance (MA) and Minnesota Care

Minnesota Supplemental Aid (MSA)

Supplemental Security Income (SSI)

What you need: An original picture ID, or a birth certificate, and your Social Security number. **For General Assistance** you must have a Social Security Card *and* one of the following: driver's license, state ID, passport or visa, alien registration card or certificate of naturalization, military photo ID or DD214, school ID, correctional facility photo ID (not from city jail or a mug shot), release/parole agreement (with confirming contact with facility or parole officer), operator's occupational license with photo, employee ID with photo, date of birth and signature, certified or original birth certificate, birth record certification card, notarized copy of a birth record from a Minnesota Indian reservation, or a Tribal Decree card.

Note: When applying always ask about other forms of assistance for which you are eligible. County workers will work with you to find all the programs that you qualify for.

Your Rights:

- to apply or reapply at any time.
- to know the eligibility requirements
- to know how your grant was determined
- to choose where and with whom you live (with certain limitations)
- to appeal any decision or failure to act
- to file a complaint if discriminated against.

Your Responsibilities:

- to provide truthful information
- to inform the proper agency of changes such as address, income, persons living with you, and other factors which can affect your assistance. within 10 days of the change.

Eligibility Supports Help Line: 612-596-1300

EZINFO Line is available with automated information at any time. To speak to a worker, the lines are open from 9 am–4 pm Monday through Friday. Please have your case number ready when you call. For information about EBT call 1-888-997-2227

Appeals:

You have the right to appeal any decision made which affects benefits which you feel you are entitled to. You must appeal a decision within 30 days. If you receive a termination notice, however, you need to appeal within 10 days.

If you want your grant to continue, you will need to request that in writing within 10 days or it will NOT continue. Any benefits received during an appeal will be considered an overpayment if you lose the appeal. You may want the advice of a lawyer. See page 81.

Where to Apply for Public Assistance Programs:

Hennepin County Human Services Dept. Locations:

Phone: 612-596-1300

Hours: Monday-Friday 8 am-4:30 pm.

South Minneapolis Human Service Center
2215 East Lake Street, Minneapolis MN 55407

Central-Northeast Minneapolis Human Service Center
525 Portland Avenue South, Minneapolis MN 55415

North Minneapolis Human Service Center
1001 Plymouth Avenue North, Minneapolis MN 55411

West Suburban Human Service Center
1011 1st Street South, Suite 108, Hopkins MN 55343

South Suburban Human Service Center
VEAP Community Service Ctr (Open until 6:30 pm Thurs.)
9600 Aldrich Avenue South, Bloomington MN 55420

Northwest Suburban Family Service Center
7051 Brooklyn Blvd., Brooklyn Center MN 55429

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

You may also call to have the application packet mailed directly to you.

B. MN Family Investment Program (MFIP)

MFIP provides monthly assistance for men and women with children, pregnant women, and two-parent families who have little or no income. Applicants must meet eligibility requirements. (Parent(s) cannot have cash assets worth more than \$10,000.

When applying, ask about other assistance you may qualify for such as *Emergency Assistance* (to prevent eviction, mortgage foreclosure and help pay utility bills), *Energy Assistance* (to help pay heat and electric bills), *SNAP*, & *Medical Assistance*.

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

Where to Apply in Person:

Hennepin County Human Services Dept.

See page 36 for locations.

NorthPoint Health & Wellness Center Gateway Program
1315 Penn Avenue North, Minneapolis MN 55411

Phone: 612-543-2500

Hours: Monday and Friday 8 am–5 pm; Tuesday and Thursday 8 am–7 pm.

Provides: Gateway's goal is to increase family strength. This is done by connecting families to services and working closely to achieve family goals. Call for more information about assistance provided to MFIP families.

C. Emergency Assistance (EA)

When families are in a financial crisis that poses a direct threat to the physical health or safety of a child younger than 18, the Emergency Assistance program can help by providing short-term aid. You must attend an interview to receive benefits.

Services include:

- Housing costs such as rent payments, damage deposits, home repairs, utility bills.
- Foreclosure prevention, moving expenses, transportation for homeless families.
- Additional food support for people who have specific dietary needs (special diets).

Where to Apply in Person:

Hennepin County Human Services Dept.

See page 36 for locations.

Emergency Assistance is limited to one use during a 12-month period.

Expedited Appeal

If your application for Emergency Assistance is denied, you may appeal the decision. If you request an expedited appeal, a hearing can be granted within a few days See *Appeals*, page 36. (You may want to consult with your Advocate; see “*Legal Assistance*,” page 81).

Brian Coyle Community Center

420 15th Avenue South, Minneapolis MN 55454

Phone: 612-338-5282

Provides: Food, and support for victims of crimes.

D. Energy Assistance

Energy Assistance provides financial assistance with payment of heat and utility bills to renters and home owners for the period beginning October 1 through May 31, or as long as the program funding lasts. Need documentation of public assistance benefits received in the past year to apply.

Where to Apply:

Online applications can be found at: www.capsh.org/services/energy-assistance/

Community Action Partnership of Suburban Hennepin

8800 Hwy. 7 Ste. 403, St. Louis Park MN 55426

Hours: Monday, Wednesday and Friday 8 am–4:30 pm; Tuesday and Thursday 8 am–7 pm.

Sabathani Community Center

310 East 38th Street, Ste. 211, Minneapolis MN 55409

Hours: Monday through Friday, 8 am–4:30 pm.

Minneapolis Urban League

2100 Plymouth Avenue North, Ste. 112, Minneapolis MN 55411

Hours: Monday through Friday, 8:30 am–5 pm.

Lutheran Social Service - Center for Changing Lives

2400 Park Avenue South, Minneapolis MN 55404

Hours: Monday through Friday, 8:30 am–4:30 pm.

Minnesota Council of Churches

122 West Franklin Ave., Suite 310, Minneapolis MN 55404

Hours: Monday through Friday, 8 am–4:30 pm.

Salvation Army Central

2727 Central Avenue NE, Minneapolis MN 55418

Phone: 612-789-1512

Hours: Monday–Friday 8 am–noon and 1–4pm.

Provides: Assistance with gas and electric bills (once per calendar year). Must have utilized Hennepin County EA within past 12 months or been denied within past 30 days, utilized Community Action, and has a disconnection notice, is currently shut off, or in threat of being disconnected in order to apply.

Salvation Army Temple

1604 East Lake Street, Minneapolis MN 55407

South Minneapolis, southern Hennepin Co. & McLeod Co.

Phone: 612-767-2700

Provides assistance with utility bills (once per calendar year). Must have utilized Hennepin County Emergency Assistance within past 12 months or have been denied within past 20 days, utilized Community Action, and has a disconnection notice in order to apply.

Salvation Army Parkview

2024 Lyndale Avenue North, Minneapolis MN 55411

North and Northeast Minneapolis

Phone: 612-522-6581

Hours: Monday through Thursday 8:30–noon and 1–4 pm.

Provides assistance with gas and electric bills (once per calendar year). Must have utilized Hennepin County EA within past 12 months or been denied within past 30 days, utilized Community Action, and has a disconnection notice, is currently shut off, or in threat of being disconnected in order to apply.

Salvation Army Noble

10011 Noble Parkway, Brooklyn Park MN 55443

Northern and Northwest suburbs of Hennepin County

Phone: 763-425-0517

Hours: Monday through Thursday 9–11:30 am and 1–3:30 pm; Friday 1–2:30 pm

Provides assistance with utility bills (once per calendar year). Must have utilized Hennepin County Emergency Assistance within past 12 months or have been denied within past 20 days, utilized Community Action, and has a disconnection notice in order to apply.

E. Supplemental Nutrition Assistance Program (SNAP)

Monthly grants of SNAP can be used at grocery stores. The amount of the grant depends on the monthly income of each person in the family/household and costs for shelter. Most who receive assistance like MFIP, GA, or SSI are also eligible for SNAP. Working persons with low incomes may also qualify. Since eligibility is based on family or household income, you must provide truthful information about the income of **all** persons in your family/household.

Food Support Employment & Training

This is a job search program for individuals who receive food support. Participation is required to receive SNAP.

Where to Apply:

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

Where to Apply in Person:

Hennepin County Human Services Dept.

See page 36 for locations.

Salvation Army

Temple: 1604 East Lake Street, Minneapolis MN 55407

Phone: 612-767-2700

Central: 2727 Central Avenue NE, Minneapolis MN 55418

Phone: 612-789-1512

Parkview: 2024 Lyndale Avenue North, Minneapolis MN 55411

Phone: 612-522-6581

Center City: 53 Glenwood Avenue, Minneapolis MN 55405

Phone: 612-659-0711

Hours: Monday–Friday 8 am–noon and 1–4 pm

Remarks: Food support application assistance & info referral.

Second Harvest Heartland SNAP Application Assistance

Phone: 651-209-7963

Provides: Screening for SNAP eligibility and application assistance; follow-up as needed; assistance with recertification.

F. General Assistance (GA)

General Assistance provides monthly assistance to single persons and childless couples who have little or no income and who meet eligibility requirements. Families ineligible for MFIP are not eligible for GA. Applicants must meet eligibility requirements.

Examples: (1) persons applying must be unable to work because of certified illness or injury, advanced age which makes it difficult to gain employment, inability to read and write well enough to hold employment, etc. (There are approximately 15 categories of eligibility; those mentioned above are among them.) People who were disqualified from SSI because they were categorized as “DAA” (Drug & Alcohol Addicted) may be eligible for General Assistance. (2) persons cannot have cash assets worth more than \$10,000.

When applying, inquire about other assistance you may qualify for: *Emergency General Assistance* (to prevent eviction), *Energy Assistance*, *SNAP* and *Medical Assistance*.

Where to Apply:

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

Where to Apply in Person:

Hennepin County Human Services Dept.

See page 36 for locations.

G. Medical Assistance & Minnesota Care

These health care programs help people who have little to no income as well as people who work but do not have access to affordable health insurance.

People who have a disability or are over the age of 64 will generally need to complete a paper application form and submit this at a Hennepin County office. See page 36 for these locations and hours, or call 612-596-1300. The county office can help you fill out the form. You can also contact the Senior Linkage Line at 1-800-333-2433, or the Disability Hub at 1-866-333-2466.

People who do not have a disability and are under the age of 65 will generally file an online application using the mnsure.org website. For this population, online applications are reviewed faster than are paper applications. You can get a paper or online application at mnsure.org or by calling 651-539-2099. You can also call this number with enrollment questions. Health care navigators can also help you fill out the application, and submit it for you. This is a free service. To set up an appointment with a navigator, call:

- Briva Health at 1-855-566-7873 (in South & North Minneapolis)
- NorthPoint Health & Wellness Center at 612-767-9500
- Southside Community Health Services at 612-827-7181

Navigators in many other organizations can be found on this webpage: mn.gov/dhs/medical-assistance-signup. Be sure to search for a *navigator* not a *broker*, as only navigators assist with applying for MA and MinnesotaCare. Search for the language, as well as the zipcode or city that works best for you.

Where to Apply:

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

Where to Apply in Person:

Hennepin County Human Services Dept. See page 36 for locations.

NOTE: Some copayments may be required for office visits, prescriptions or other services for people on MA.

H. Minnesota Supplemental Aid (MSA)

Where to Apply:

You may apply online at: <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1>

Where to Apply in Person:

Hennepin County Human Services Dept. See page 36 for locations.

A state-sponsored program that provides additional monthly funding to those persons who are receiving SSI or Social Security. The amount of an MSA grant depends on several different factors, such as how much you pay in rent, if you live alone or with other people, and what your total income is. (Income includes Social Security and SSI.) Because it is a state program, the county—the Social Security office—manages it.

I. Social Security

Where to Apply:

Social Security Administration

1811 Chicago Avenue South, Minneapolis MN 55404

Phone: 1-800-772-1213

Hours: Monday through Friday from 9 am–4:30 pm.

Supplemental Security Income (SSI)

SSI is a federal needs based program providing benefits to anyone who is aged (age 65 or older), blind, or disabled. Disabled under SSI rules means a person has a medically determinable physical or mental impairment, which: results in the inability to do any substantial gainful activity, and has lasted or can be expected to last for a continuous period of not less than 12 months. Substantial gainful activity is defined as the ability to work and earn \$1,130 per month. If someone is working, there are ways that could lower the monthly gross wages below \$1,130. The Social Security Administration no longer recognizes drug addiction and alcoholism (DA & A) as disabling conditions. Someone with another impairment should still file. If the DA & A does not contribute to the impairment, they could be found to be disabled. Anyone who is disabled, should be encouraged to file for benefits.

To determine SSI eligibility and payment amounts, SSA considers the applicant's income and resources. Income could include money earned from work, benefits from other sources, such as; Social Security, worker's compensation, Veterans Affairs, friends or relatives, free food or shelter. Resources are things which a person owns such as; cash, bank accounts, land, vehicles, personal property, life insurance, anything that can be converted to cash and used for food and shelter. There are many exceptions/exclusions regarding income and resources. Anyone that is disabled should be encouraged to file for SSI.

To be eligible for SSI, an applicant must be a US citizen or one of certain alien categories. There are many categories of lawful aliens that would be eligible for SSI, contact a Social Security Office or the National 800 number 1-800-772-1213 to inquire.

Anyone applying for SSI will be asked about their medical history; doctors, tests, and medications. The claim representative (CR) will ask questions about the person's income, resources, and living arrangements. The CR will ask the applicant to attest to the truthfulness of their answers.

Appeals:

If an application is denied, there is a 65-day appeals period (60 days plus 5 days mailing). If an appeal is requested after 65 days, the applicant must show good cause for late filing of the appeal. If the late appeal is not accepted, a new application can be filed, but there is a potential loss of benefits. The Social Security Office can provide a referral list for free legal services.

Cooper Law Firm

825 Nicollet Mall, #925, Minneapolis MN 55402 (Medical Arts Bldg.)

Phone: 612-353-4769

Hours: Call for an appointment. Appointments available at shelters, various locations throughout the Twin Cities, and at their office.

Provides: Free attorney assistance filing Social Security applications, reconsiderations and appeals for recipients of GA, MFIP, DWP, and FSS. Sliding fee available for those not on public assistance.

Salvation Army Center City Office

53 Glenwood Avenue, Minneapolis MN 55405

Phone: 612-659-0711 ext. 30

Service Area: Minneapolis and West Metro area

Provides: If you are unable to work because of a diagnosed disability, staff will assist with applications for Social Security benefits for individuals who are receiving cash assistance from the county (GA, MFIP, RCA).

Section 3. Health Care

A. Community Clinics

Augsburg Central Health Commons (Central Lutheran Church)

333 South 12th Street, Minneapolis MN 55404

Phone: 612-870-4416

Hours: Monday and Thursday 10–11:30 am.

Provides: Safe drop-in space staffed by nurses and students. Focuses on basic health care and hygiene needs.

Remarks: During winter months, if Minneapolis Public Schools are closed due to weather, we will be closed, too.

Community-University Health Care Center

2001 Bloomington Avenue South, Minneapolis MN 55404

Phone: 612-301-3433

Hours: Monday, Wednesday and Friday 7:30 am–5 pm; Tuesday and Thursday 7:30 am–7 pm; some Saturday appointments available.

Remarks: Call or walk in to schedule an appointment. Help applying for insurance; most insurances accepted including Medical Assistance. Sliding-fee scale available. No one turned away based on inability to pay. Some same-day appointments available.

Provides: family practice, pediatric, internal medicine providers, pregnancy and women's health care, counseling, dental care for minors, pregnancy testing, HIV & sexually transmitted infection testing; confidential, same day walk-in family planning (birth control and morning-after pill).

East Lake Clinic

2700 East Lake Street #1100, Minneapolis MN 55406

Phone: 612-873-6963

Hours: Monday-Friday 8 am–5 pm. Call for appointment.

Remarks: Primary care and health maintenance; Acute care for children and adults; Infant and well-child care; Family planning and birth control; Certified Nurse Midwives; Senior health care; health education; group pre-natal visits.

Indian Health Board

1315 East 24th Street, Minneapolis MN 55404

Phone: 612-721-9800

Hours: Appointments: Monday, Wednesday, Thursday and Friday 8:45 am–5 pm; Tuesday 8:45 am–8 pm. Walk-ins available first come, first served.

Remarks: Persons should first make an appointment; MA accepted; those without insurance will be charged according to a sliding fee scale.

Provides: Medical and dental clinics, health promotion and disease prevention; counseling and support unit; high-risk pre-natal; outreach worker; diabetes prevention, diabetes clinic program.

Native American Community Clinic

1213 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-872-8086, option 1

Hours: Walk-ins Monday, Tuesday, Thursday and Friday 8:30–11:30 am and 1–3 pm; Wednesday 9:30–11:30 am and 1:30–3 pm.

Provides: Medical clinic, pediatrics, elder care, diabetes case management, counseling, nutrition and family planning.

Remarks: MA and private insurance plans are accepted. For those without insurance, there is a sliding fee scale based on family size and income.

Neighborhood HealthSource

Central Clinic

2301 Central Ave NE, Minneapolis MN 55418

Phone: 612-588-9411

Hours: Monday, Tuesday, Thursday and Friday 8 am–5 pm; Wednesday 8 am–7 pm. Call for an appointment, though some walk-ins are available.

Remarks: Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income.

Provides: Basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, urinary testing, STD testing, diabetes, and childhood obesity prevention programs.

Fremont Clinic

3300 Fremont Avenue North, Minneapolis MN 55412

Phone: 612-588-9411

Hours: Monday, Wednesday, Thursday and Friday 8 am–5 pm; Tuesday 8 am–7 pm by appointment. Some walk-ins are available.

Remarks: Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income.

Provides: Basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, STD testing, and childhood obesity prevention programs.

Sheridan Clinic

342 13th Avenue NE, Minneapolis MN 55413

Phone: 612-588-9411

Hours: Monday 8 am–8pm; Tuesday–Friday 8 am–5 pm by appointment. Some walk-ins are available.

Remarks: Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income and household size.

Provides: Basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, childhood obesity prevention programs, and prenatal care.

NorthPoint Health & Wellness Center

1313 Penn Avenue North, Minneapolis MN 55411

Phone: For Appointments call 612-543-2500

Hours: Monday and Friday 8 am–5 pm; Tuesday–Thursday 8 am–7 pm; and Saturday 8 am–12 pm.

Provides: A wide range of medical services including: family practice, internal medicine, adolescent medicine, pediatrics, geriatrics and OB/GYN.

Remarks: NorthPoint accepts most major medical and dental insurance.

People's Center Health Services

425 20th Avenue South, Minneapolis MN 55454

Phone: 612-332-4973

Hours: Monday–Friday 8:30 am–5 pm (open until 8 pm Tuesdays, Wednesdays and Thursdays); Saturday 9 am–1 pm. Call for an appointment, though walk-ins welcome.

Remarks: MA, UCare, Minnesota Care, and private insurance are accepted; those without insurance will be charged according to their monthly income on a sliding fee scale.

Other Services: family practice, women's clinic and pregnancy testing; HIV testing; treatment for sexually transmitted diseases; pre-natal care; education programs on birth control and STDs; geriatric and pediatric services; dental program; x-rays; mental health clinic with psychology and counseling program.

Phillips Neighborhood Clinic

2742 15th Ave. S., Minneapolis MN 55407 (St. Paul's Lutheran Church)

Phone: 612-724-1690

Hours: Monday and Thursday evenings 6–9 pm (except holidays)

Provides: Physical exams, women's health, pediatrics, vaccinations (when available), family planning, diabetes treatment, nutrition, STD and HIV testing and counseling, basic lab tests, assistance completing MA and MNCare application forms.

Remarks: First come, first served. No appointments or insurance necessary. Spanish interpreters available.

Southside Community Clinic

324 East 35th Street, Minneapolis MN 55408

Phone: 612-827-7181

Hours: Monday, Wednesday and Thursday 7:0 am–7 pm; Tuesday and Friday 7:30 am–5 pm.

Remarks: Patients should first make an appointment, although walk-ins are welcome. MA and other public and private insurance plans accepted; patients who do not have insurance will be charged according to their ability to pay (sliding fee scale based on monthly income and family size; need proof of income and MA denial letter).

Provides: family planning, pre-natal care, pregnancy testing, treatment for sexually transmitted diseases, and mental health. Vision clinic open at 4243 4th Ave. S. Monday and Wednesdays 8 am–5 pm.

St. Mary's Health Clinics

Provides: Clinics throughout Twin Cities provide some primary and preventive health care services at no cost to uninsured people who meet income guidelines and aren't on MA or MinnesotaCare or have access to health insurance.

Intake procedure: Call 651-287-7777 Monday through Friday 8 am–4 pm to make an appointment. There is no cost for services if you are eligible, though donations are accepted.

Whittier Clinic-Hennepin Healthcare

2810 Nicollet Avenue, Minneapolis MN 55408

Phone: 612-873-6963

Hours: Monday–Thursday 8 am–8:30 pm; Friday 8 am–5 pm; Saturday 8 am–12 pm; same-day and next-day appointments available.

Provides: Family medicine, pediatrics, pre-natal care, ob/gyn, sports medicine, x-ray, pharmacy, sleep clinic, physical therapy, cardiology and podiatry.

Remarks: Most insurance plans accepted; financial counselors available to assist those without coverage.

B. Health Care for the Homeless

Health care teams comprised of nurse practitioners, public health nurses, and social workers provide services on a regular basis at Minneapolis shelters and drop-ins. They provide routine check-ups, speedy referrals to doctors and hospitals, and assistance with other health care needs.

Catholic Charities Higher Ground Minneapolis

165 Glenwood Avenue North, Minneapolis MN 55405

Phone: 612-204-6314

Provides: Limited health care services and referrals for Higher Ground Shelter clients and Higher Ground Housing tenants.

Hours: Tuesday through Thursday 3–8 pm; except first Thursday of month is 5–8 pm.

Catholic Charities Mary F. Frey Minneapolis Opportunity Center

740 East 17th Street, Minneapolis MN 55404

Hours: Tuesdays and Thursdays from 8 am–12 pm; Wednesdays 8 am–2 pm. Hours may vary.

Mary's Place

401 North 7th Street, Minneapolis MN 55405

Hours: Thursday 10:15–11:30 am and 1:30–2:30 pm.

People Serving People

614 South 3rd Street, Minneapolis MN 55415

Hours: Monday–Wednesday 8 am–4 pm; Thursday 8 am–8 pm; Friday 8 am–12 pm.

Remarks: Clinic open to PSP guests and former guests only.

St. Stephen's Shelter

2211 Clinton Avenue South, Minneapolis MN 55404

Hours: Tuesday 5–8 pm. Hours may vary.

Salvation Army Harbor Light Center

1010 Currie Avenue, Minneapolis MN 55403

Phone: 612-767-3100 x3125

Hours: Health Care for Homeless clinic is open five days a week: Monday and Wednesday 7 am–3 pm; Tuesday 1–8 pm; Thursday 5–8 pm; and Friday 7 am–noon.

Phone: 612-767-3100 x3164

Acupuncture/chiropractic clinic provided by Northwestern Health Sciences U. Call for schedule or to make an appt. Walk-ins welcome.

Simpson Shelter

2740 1st Avenue South, Minneapolis MN 55408

Hours: Monday and Wednesday from 5 pm–8 pm.

C. Urgent Care

Hennepin Healthcare Urgent Care

(formerly Hennepin County Medical Center)

730 South 8th Street, Minneapolis MN 55415

Phone: 612-873-5555

Hours: Monday-Friday 8 am–7:30 pm; Saturday and Sunday 8 am–5:30 pm (except Thanksgiving & Christmas). Emergency Room open 24 hours a day, enter on South 8th Street between Park Ave. and Chicago Ave.

Remarks: Persons need not make an appointment; MA and private insurance are accepted.

D. HIV & STD Testing & Treatment

African American AIDS Task Force

122 West Franklin Ave., Suite 518, Minneapolis MN 55404

Phone: 612-825-2052

Provides: HIV testing and counseling; peer-to-peer emotional support groups and education; medical case management, community outreach, transportation assistance, and prevention education services for people living with HIV/AIDS.

Remarks: HIV services are free for eligible individuals; please call to access eligibility and to make an appointment for services.

The Aliveness Project

3808 Nicollet Avenue, Minneapolis MN 55409

Phone: 612-824-LIFE (824-5433)

Provides: HIV testing and counseling open to anyone. For members living with HIV/AIDS: Meals: Hot breakfast on Fridays 9–10 am; Lunch Monday-Friday 12 pm–2 pm; Dinner Monday-Thursday 5 pm–7 pm and Brunch Saturdays 11 am–1 pm.

Other services include: food shelf for members by appointment (Monday, Wednesday, Friday, Saturday); integrative therapies including acupuncture, massage, chiropractic care; peer-to-peer outreach and prevention; health and wellness seminars related to HIV; medical case management for people living with HIV; dietician for HIV+ members; referral to community resources.

Remarks: Anyone who is HIV+ can complete an application for membership. Services are free for eligible individuals.

Community-University Health Care Center

2001 Bloomington Avenue South, Minneapolis MN 55404

Phone: 612-301-3433

Hours: Monday, Wednesday and Friday 7:30 am–5 pm; Tuesday and Thursday 7:30 am–7 pm; some Saturday appointments available.

Provides: Testing and treatment for STIs and HIV.

Remarks: Call or walk-in to schedule an appointment. Help applying for insurance; most insurances accepted including Medical Assistance. Sliding-fee scale available. No one turned away based on inability to pay. Some same-day appointments available.

Hennepin Co. Public Health Clinic with Red Door Services

525 Portland Avenue South—4th floor, Minneapolis MN 55415

Phone: 612-543-5555; STD hotline 1-800-783-2287

Hours: Monday and Wednesday 8 am–7 pm; Tuesday and Friday 8 am–4 pm; Thursday 10 am–4 pm. Arrive as early as possible or call ahead for a next day or later appointment.

Remarks: Anyone 12 years of age and older may receive testing and treatment for sexually transmitted diseases and HIV testing. They also have confidential and low-cost birth control for females ages 12–30. Services are based on a sliding fee scale based on income, but no one is turned away for STD services.

Just Us Health

2577 West Territorial Road, St. Paul MN 55114

Phone: 612-341-2060; AIDS Line: 612-373-AIDS / 1-800-248-AIDS.

Text messaging available at 839863, and chat at justushealth.org.

Hours: Monday–Friday 9 am–5 pm. **AIDS Line:** Mon–Fri 9 am–5 pm.

Provides: Information about HIV, referral to community resources and HIV testing. Also provides HIV case management, legal services; benefits counseling; housing services for HIV+ people; transportation for medical appointments; emergency financial assistance; chemical health services, behavioral health services, and a syringe exchange; Positive Link, a social support program for HIV+ gay and bisexual men; HERR Day Out, a social support group for HIV+ women.

Remarks: Syringe exchange at Gethsemane Church, 905 4th Av. S. (enter through alleyway on 4th Ave.). Hours for the exchange are: Monday and Thursday: 2–5 pm; Tuesday and Friday: 10 am–1 pm.

Neighborhood HealthSource

Central Clinic

2301 Central Ave NE, Minneapolis MN 55418

Phone: 612-588-9411

Hours: Monday–Tuesday 8 am–5 pm; Wednesday 8 am–7 pm; and Thursday–Friday 8 am–5 pm. Call for an appointment, though some walk-ins are available.

Fremont Clinic

3300 Fremont Avenue North, Minneapolis MN 55412

Phone: 612-588-9411

Provides: Testing for HIV virus; treatment for sexually transmitted diseases; “Seen on the Streets” program offers STD testing for ages 13–25 on Tuesday, Thursday and Friday, 1–4 pm.

Sheridan Clinic

342 13th Avenue NE, Minneapolis MN 55413

Phone: 612-588-9411

Hours: Monday 8 am–7 pm; Tuesday–Friday 8 am–5 pm by appointment. Some walk-ins are available.

Provides: Testing and treatment for STDs and HIV.

Southside Community Clinic

324 East 35th Street, Minneapolis MN 55408

Phone: 612-827-7181

Provides: Testing and treatment for STDs and HIV.

Turning Point, Inc.

1500 Golden Valley Road, Minneapolis MN 55411

Phone: 612-520-4004

Provides: HIV/AIDS/STD prevention education is done by outreach workers. Helps individuals find medical and social services. Counseling, referral and emotional/social supports are provided.

E. Mental Health Services

Counseling Services

Canvas Health

1701 American Blvd. E., Suite 4, Bloomington MN 55425

Phone: 612-676-1604

Intake Phone: 651-777-5222

Hours: Monday–Friday 8:30 am–5 pm.

Provides: High-quality strength-based mental health services including diagnostic assessments, outpatient therapy (depression, early childhood behavioral therapy for ages 5 and under; psychiatry via webcam and smartphone; anxiety, trauma (PTSD), DHD, ODD) for ages 3–70. Also provides Rule 25 assessments, and CSS.

Remarks: Most insurance plans accepted for outpatient therapy.

Comunidades Latinas Unidas en Servicio (CLUES)

720 East Lake Street, Minneapolis MN 55407

Phone: 612-746-3500

Hours: Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm. Appointment hours may vary.

Provides: Bilingual family therapy in addition to individual, couples, child and adolescent therapy.

Community-University Health Care Center

2001 Bloomington Avenue South, Minneapolis MN 55404

Phone: 612-301-3433

Hours: Monday, Wednesday and Friday 7:30 am–5 pm; Tuesday and Thursday 7:30 am–7 pm; some Saturday appointments available; there is a 3–5 week waiting list for appointments.

Provides: Psychiatric care, therapy for individuals, family and couples, case management and Adult Mental Health Rehabilitative Services (ARMHS).

Remarks: For new patients, call 612-301-0992 for an appointment. Help applying for insurance; most insurances accepted including Medical Assistance. These services are for Hennepin County residents.

COPE (Community Outreach for Psychiatric Emergencies)

Phone: 612-596-1223

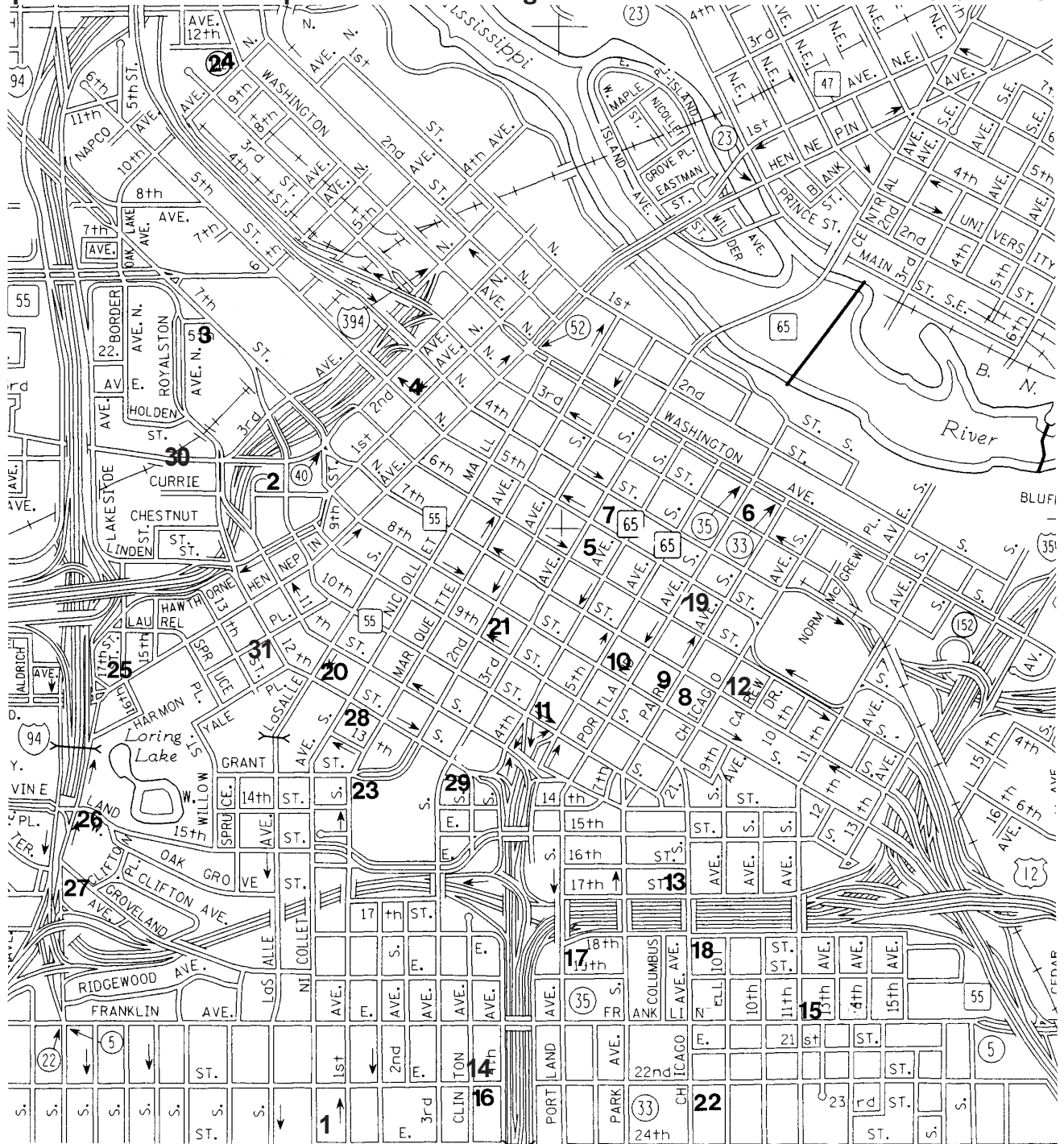
Provides: Call COPE when a severe disturbance of mood or thinking threatens a person’s safety or the safety of others. COPE professionals are available to manage the immediate crisis and provide a clinical assessment. Telephone consultations also are available.

Remarks: Services are available to adults 18 and older in Hennepin County.

Crisis Text Line

Text MN to 741741 to be connected to a counselor who will help diffuse a crisis and help connect to local resources.

Hours: 24 hours a day, 7 days a week.



Downtown Minneapolis

1. **St. Stephen's Human Services**
2. Salvation Army Harbor Light
3. Sharing and Caring Hands (Mary Jo's)
Mary's Place Shelter
4. Legal Aid Society
5. Hennepin County Government Center
6. People Serving People Shelter
7. Minneapolis City Hall
8. Hennepin County Medical Center
9. House of Charity Food Centre
10. House of Charity
11. Drake Hotel
12. First Covenant Church Shelter by St. Stephen's
13. Catholic Charities Opportunity Center
14. Loaves and Fishes (St. Stephen's school)
15. Marie Sandvik Center
16. St. Stephen's Shelter
17. Portland Village
18. Hennepin Co. Chemical Health (1800 Chicago)
Social Security Administration (1811 Chicago)
19. Central-Northeast Minneapolis Human Service Center
Hennepin Co. Public Health Clinic w/Red Door Services
20. Continental Hotel
21. Exodus Hotel
22. Our Saviour's Shelter
23. Wesley Church
24. Minneapolis Public Housing Authority
25. Basilica of St. Mary
26. St. Mark's Episcopal Cathedral
27. Hennepin Avenue United Methodist Church
28. Westminster Presbyterian Church
29. Central Lutheran Church
30. Catholic Charities Higher Ground
31. Mpls.VA Community Resource & Referral Center

The Family Partnership

4123 East Lake Street, Minneapolis MN 55406

Phone: 612-728-2061

Hours: Monday–Thursday 9 am–8 pm; Friday 9 am–5 pm.

Provides: Counseling for individuals and families.

Remarks: Various insurance plans are accepted; for those without insurance, fees are on a sliding fee scale according to gross household income and family size. Ask about other branches in Brooklyn Park, Richfield, and north Minneapolis.

HCMC Acute Psychiatric Services

730 South 8th St., Minneapolis MN 55415 (Red Entrance)

Phone: 612-873-3161

Provides: Medication and evaluations for individuals who are between psychiatrists. Psychiatric emergency room available 24/7.

Remarks: MA, and other insurance plans accepted. No one is turned away.

Hennepin County Mental Health Center

1801 Nicollet Avenue, 2nd & 3rd floors, Minneapolis MN 55403

Phone: 612-596-9438

Hours: Monday and Thursday 8 am–5 pm; Tuesday 10 am–5 pm; Wednesday 8 am–6 pm; and Friday 8 am–4:30 pm.

Provides: Treatment for those with mental illnesses. Services include: crisis counseling, long-term counseling, mental health services, psychiatry programs, and other special programs. Primary care for current MH clients; chemical dependency assessments for current clients.

Remarks: Services for residents of Hennepin County; MA accepted; for those without insurance, sliding fee according to each person's ability to pay. They do not take private or commercial insurance.

Just Us Behavioral Health

1000 University Avenue West, Suite 20, St. Paul MN 55104

Appointments: 612-373-9160

Provides: Individual, couple/family, and group therapy for LGBTQ+, people who are HIV+, people who are high risk for HIV and other underserved populations. All services will be provided by dual licensed mental health/chemical dependency counselors, board approved clinical supervisors and/or supervised interns.

Indian Health Board

1315 East 24th Street, Minneapolis MN 55404

Phone: 612-721-9800

Hours: Monday through Friday, 8:30 am–5 pm.

Provides: Crisis counseling, long-term counseling for individuals, couples and families, and transportation when necessary. Their focus is on Native American children and families.

Remarks: Most insurance plans accepted; for those without insurance, fees are determined according to each person's ability to pay.

Love Lines Crisis Center

Phone: 612-379-1199

Hours: 7 days a week, 10 am–10 pm

Provides: Phone line most days for suicide hotline, counseling and crisis ministry; in-person counseling is available by appointment. Counseling on many issues, focus is on telephone counseling. Healing Room open 3–6 pm on Tuesday and Saturday.

Remarks: Counseling is free, but donations accepted. More info: www.lovelines.org.

Lutheran Social Service

2400 Park Avenue South, Minneapolis MN 55404

Phone: 612-879-5320 (Monday-Friday 9 am–5pm)

Appointment Hours: Call to schedule an appointment.

Provides: Individual and relationship counseling, marriage and family counseling and prayer, child therapy, support for victims of abuse, and referral for long-term counseling.

Remarks: MA and private insurance are accepted; for those without insurance, fees are determined on a sliding scale according to each person's income level.

Native American Community Clinic

1213 East Franklin Ave., Minneapolis MN 55404

Phone: 612-872-8086, option 1

Hours: Monday, Wednesday, Thursday and Friday 9 am–6 pm; Tuesday 9:30 am–6 pm.

Services: Individual, family, couples and child counseling; group and individual therapy programs.

Remarks: MA and private insurance plans are accepted. For those without insurance, there is a sliding fee scale based on family size and income.

NorthPoint Health & Wellness Center

1313 Penn Avenue North, Minneapolis MN 55411

Phone: For appointments call 612-543-2500

Hours: Monday and Friday 8 am–5 pm; Tuesday, Wednesday and Thursday 8 am–7 pm; Saturday 8 am–12 pm.

Provides: Outpatient behavioral health services for children, adolescents, and adults including: evaluation and testing, individual therapy, family and group therapy, psychiatric evaluation, and medication management.

Tubman

4432 Chicago Avenue South, Minneapolis MN 55407

Phone: 612-871-0118

Hours: Monday–Thursday 9 am–8:30 pm; Friday 9 am–3 pm.

Provides: Referral by telephone; support groups; counseling for individuals and groups, as well as for families and couples; anger management groups for men and women. Fees vary by program.

Walk-in Counseling Center

2421 Chicago Avenue South, Minneapolis MN 55404

Phone: 612-870-0565

Hours: Monday, Wednesday, and Friday from 1–3 pm; Monday through Thursday from 6:30 pm–8:30 pm.

Provides: crisis counseling, short-term counseling for individuals, couples and families; referrals for long-term counseling.

Remarks: No appointment is necessary; no paperwork; no fee, for services, although donations are accepted. Services are anonymous. No ID required. Call for counseling in Spanish.

Community Support Programs

Community support programs serve persons with mental illness who complete a simple registration process.

Assertive Community Treatment (ACT) Homeless Team-People Inc.

1170 15th Avenue SE, Minneapolis MN 55414

Phone: 612-465-0105

Hours: *Office:* Monday–Friday 7:30 am–3:30 pm; *In community:* Monday–Saturday 7 am–7 pm; Saturday and Sunday 8:30 am–5 pm.

Provides: High-intensity, wrap-around treatment program; clients must be willing to meet three times a week. Field and community case management (assistance with goal-setting, paperwork, appointment attendance), psychiatric provision (including mental health prescriptive medications, med education & management), nursing, therapeutic services, medical follow-up and monitoring, assistance with employment and volunteering, and informational groups in Hearing Voices, Illness Management and Recovery, and Mental Illness/Chemical dependency).

Remarks: Call to prescreen for qualifications. Must have a serious mental illness diagnosis, and be over the age of 18.

Avivo Community Support Program Minneapolis

1825 Chicago Avenue South, Minneapolis MN 55404

Phone: 612-752-8200

Drop-in Hours: Monday–Friday 11 am–5 pm; Friday 11 am–4 pm.

Remarks: In addition to drop-in service, Avivo provides outreach, social and recreational opportunities, MI/CD/dual diagnosis groups, mental health groups, arts programming, housing & volunteer services, and linkage to other services for adults with serious and persistent mental illness. Must be seen by mental health professional.

Northside CSP/People Inc.

1309 Girard Avenue North, Minneapolis MN 55411

Phone: 612-521-2116

Drop-in Hours: Monday, Tuesday, Thursday & Friday noon–5 pm; Wednesday noon–7 pm.

Remarks: People must be members of the center (no charge). Intake is done Monday and Friday at 10:30 am, and Wednesday at 4 pm. ARMHS not available. There is vocational help for job search assistance.

Seward CSP

2105 Minnehaha Avenue, Minneapolis MN 55404

Phone: 612-333-0331

Hours: Monday and Friday 12–5 pm; Tuesday and Thursday, 11 am–6 pm.; Saturday 10 am–5 pm. Closed Wednesday and Sunday.

Remarks: Provides mental health groups, advocacy, outreach, social and recreational activities, and other referrals. Free meal is provided at 2:30 pm Monday, Tuesday, Thursday, Friday and Saturday.

Vail Place

1412 West 36th St., Minneapolis MN 55408

15 9th Ave. S. Hopkins MN 55343

Phone: 612-824-8061 (Mpls); 952-938-9622 (Hopkins)

Hours: Monday and Friday 8 am–4:30 pm; Tuesday through Thursday 8 am–7:30 pm; every other Saturday 11 am–2 pm.

Provides: Pre-vocational training, transitional employment, housing support, social and recreational activities, a supportive community, and other services. Meals are available at a discounted rate.

Remarks: Serves people with a chronic mental illness.

F. Alcohol & Chemical Dependency Counseling & Treatment Programs

Alcoholics Anonymous

7204 West 27th Street, Ste. 113, St. Louis Park MN 55426

Phone: 952-922-0880

Provides: Greater Minneapolis Intergroup's meeting directory boundaries are the city of Minneapolis, the suburban cities in all of the following counties: Hennepin, Anoka, Carver, Western Dakota, Scott and Wright. Local meeting information updated weekly at www.aaminneapolis.org.

Avivo

1900 Chicago Avenue South, Minneapolis MN 55404

Intake Phone: 612-752-8074 **Main:** 612-752-8000

Hours: Monday through Friday 7 am–5 pm

Provides: Daily drop-in Rule 25 assessments and weekly mental health assessments and services. Outpatient chemical dependency treatment (with sober recovery housing), relapse prevention, case management, and employment services. Outpatient and residential treatment for women with children. Specializes in assisting individuals with a history of relapse who face multiple barriers to achieving stable recovery.

Remarks: No charge for most services or services can be billed through insurance. Gender-specific services and treatment for co-occurring substance use and mental health concerns offered.

Comunidades Latinas Unidas en Servicio (CLUES)

720 East Lake Street, Minneapolis MN 55404

Phone: 612-746-3500

Hours: Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm.

Provides: Adult outpatient program is held throughout the week, call for hours. Rule 25 assessments are also performed. DWI/DUI classes. AA groups on Tuesdays 6-8:30 pm; NA groups Thursdays 6-8:30 pm.

Hennepin County Front Door

Phone: 612-348-4111

Hours: Monday through Friday from 8 am–4 pm.

Provides: Primary intake for voluntary social services in Hennepin County. Substance use assessment (Rule 25) site self-referral information is available, which includes possible funding for CD treatment services.

Remarks: People are served directly through the shelters and drop-in centers by the Health Care for the Homeless team who can assist with a CD assessment and possible treatment (see page 47 for schedules). Shelter and drop-in center information is available through Front Door.

House of Charity

510 South 8th Street, Minneapolis MN 55404

Phone: 612-594-2002 (intake coordinator)

Remarks: Harm reduction chemical health with co-occurring mental health recovery program for adult men and women. Group and individual chemical dependency and mental health treatment are incorporated into an individual recovery plan.

Indian Neighborhood Club on Alcohol and Drug Abuse

1805 Portland Avenue South, Minneapolis MN 55404

Phone: 612-871-7412

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: Referral for treatment, group residential housing for chemically dependent American Indian men, social and recreational activities, and AA meetings.

Remarks: Services are for American Indians recently in treatment and are homeless; must be willing to maintain sobriety while living there. Must be eligible for Group Residential Housing (GRH).

Judy Retterath Withdrawal Management Center

(formerly Mission Detox Center)

3409 Medicine Lake Blvd., Plymouth MN 55441

Phone: 763-559-1402

Provides: Detoxification and withdrawal management for individuals aged 13 and older; rule 25 assessments, referral for treatment, discharge planning, AA/NA, LPN on site 24/7.

Metro Hope Ministries

2739 Cedar Avenue South, Minneapolis MN 55407

Phone: 612-721-9415

Intake Hours: Monday–Friday 8 am–3 pm

Provides: Faith-based residential recovery programs for men 18 and older. Healing House program is for singles, women and their children up to age 10. Provides case management, counseling, bible teaching, work readiness. Specializes in assisting individuals with a history of relapse.

Remarks: Call for appointment; finances not a concern.

Minnesota Adult and Teen Challenge

3231 1st Avenue South, Minneapolis MN 55408

Phone: 612-373-3366 or 612-500-4211

Phone Line Hours: Monday–Sunday 8 am–9 pm.

Lobby Hours: Monday–Friday 8 am–4:30 pm

Provides: Restores hope to teens and adults struggling with drug and alcohol addiction; campuses in Minneapolis, Brainerd, Rochester and Duluth. Faith-based long-term 13–15 month program, as well as short-term 30–90 day program.

Remarks: Fees based on ability to pay, but will work with anyone who wants to be enrolled and doesn't have the funds.

Narcotics Anonymous

Toll-Free Phone: 877-767-7676

Provides: Local meeting information updated weekly at www.naminnnesota.us. "Bridging the Gap" connects new NA participants with volunteers who can help introduce the program.

NorthPoint Health & Wellness Center "Renaissance"

1315 Penn Avenue North, Minneapolis MN 55411

Phone: 612-767-9500

Hours: Monday–Friday 8 am–5 pm. Call for an appointment.

Provides: Chemical health assessment and referral, chemical health and mental health education, resource development, group and individual counseling, life skills development, mental health services, relapse prevention and discharge planning.

Salvation Army Adult Rehabilitation Center

900 North 4th Street, Minneapolis MN 55401

Phone: 612-332-5855

Provides: Drug and alcohol rehabilitation programs.

Intake: Call 24 hours for intake.

Tubman

4432 Chicago Avenue South, Minneapolis MN 55407

Phone: 612-871-0118

Hours: Hours vary. Call for more information.

Provides: counseling and assessment for chemical dependency, outpatient treatment may include mental health counseling.

Remarks: Various payment options are accepted.

Turning Point, Inc.

1500 Golden Valley Road, Minneapolis MN 55411

Phone: 612-520-4004

Remarks: Residential primary care programs for men who are chemically dependent. Aftercare services include employment and education referrals. Outpatient program for men and women, both daytime and evening.

G. Dental Care

Children's Dental Services

636 Broadway Street NE, Minneapolis MN 55413

Phone: 612-746-1530

Hours: Monday–Saturday. Hours vary by location.

Remarks: Comprehensive dental care for those 26 and under, and pregnant women of any age. Appointments necessary. MA and Minnesota Care are accepted. Sliding fee scale based on income for those without insurance. (Must be rejected for state insurance.) There are 300 metro-area locations.

Community-University Health Care Center

2001 Bloomington Avenue South, Minneapolis MN 55404

Phone: 612-301-0918

Hours: Monday–Friday from 7:30 am–4 pm. Children's (10 & under) dental appointments also available on Saturdays 9 am–1 pm.

Remarks: Services are offered on a sliding-fee scale. Limited walk-in appointments available.

Hope Dental Clinic

800 Minnehaha Avenue East, St. Paul MN 55106

Phone: 651-789-7605; **Emergency phone:** 651-774-2959

Hours: Monday–Thursday 8 am–5 pm (closed 12:30–1 pm) and 6–9 pm.

Provides: Dental care to those without dental insurance. Services include exam, cleaning, fillings, extractions, and education.

Indian Health Board

1315 East 24th Avenue, Minneapolis MN 55404

Phone: 612-721-9800

Hours: Appointments: Monday–Friday 7:45 am–4:30 pm.

Remarks: Care provided for all ages. Sliding fee based on family size & income. MA. Appointments preferred, but walk-ins welcome.

Native American Community Clinic

1213 East Franklin Ave., Minneapolis MN 55404

Phone: 612-872-8086, option 2

Hours: Monday, Wednesday, Thursday, and Friday 9 am–6 pm; Tuesday 9:30 am–6 pm.

Services: Complete dental care for adults and children provided staff dentists and dental assistants.

Remarks: Private insurance is accepted. For those without insurance, there is a sliding fee scale based on family size and income.

NorthPoint Health & Wellness Center

1313 Penn Avenue North, Minneapolis MN 55411

Phone: For appointments call 612-543-2500

Hours: Monday and Friday 8 am–5 pm; Tuesday, Wednesday and Thursday 8 am–7 pm; Saturday 8 am–12 noon. (Closed on Saturdays before holiday weeks.) Walk-ins available Monday, Tuesday, Thursday and Friday 8 am–3:30 pm; and Wednesday 8 am–5 pm. First come first served.

Provides: Complete dental care for residents of Hennepin County including: Preventative, restorative, and emergency care, and X-rays.

Peoples Center Dental

3152 Minnehaha Avenue South, Minneapolis MN 55406

Phone: 612-332-4973

Hours: Monday through Friday 8:30 am–4:30 pm.

Provides: Adult and pediatric dental care, including preventative services, emergency care, sealants, fillings, bridges, crowns, extractions, root canals and cosmetic.

Remarks: All insurance plans accepted; sliding fee scale available for those without insurance. More info at www.peoples-center.org.

Sharing and Caring Hands (Mary Jo's)

525 North 7th St., Minneapolis MN 55405

Phone: 612-596-3465

Remarks: Dental care available throughout month. Call or stop in to ask for times.

Southside Community Clinic

4243 4th Avenue South, Minneapolis MN 55409

Phone: 612-822-9030

Hours: Monday through Friday 7 am–5 pm.

Remarks: State and private insurance programs accepted. Walk-ins are available. Scheduled patients have a priority. Uninsured patients are billed on a sliding fee scale based on income and family size. Payment due day of service.

University of Minnesota Dental School

515 Delaware St. SE, Minneapolis MN 55455 (*Malcolm Moos Tower*)

Intake Phone: 612-625-5500 **Urgent Care:** 612-625-4908

Hours: Monday through Friday 8:15 am–noon and 1–4 pm.

Remarks: Comprehensive dental care provided by supervised students at 1/2 to 1/3 the normal cost. Children's clinic also available. Must show photo ID, and payment required at time of visit. Must call for an appointment.

University of Minnesota Dental School Oral Surgery Clinic

515 Delaware St. SE, Minneapolis MN 55455 (*Malcolm Moos Tower*)

Phone: 612-624-8600

Remarks: Must call for appointment. There are fees for service. Must have valid ID and insurance card.

H. Veterans

Veterans Affairs Medical Center

One Veterans Drive, Minneapolis MN 55417

(East 54th Street and 48th Avenue South)

Phone: 612-725-2000

Remarks: Veterans with an honorable discharge may receive treatment; veterans enlisting after 1980 need to have completed two years of active duty; does need an assessment for payment. See page 76 for information about other services available for veterans. 24-hour emergency service is available.

Section 4. Education & Employment

A. Educational Programs

Adults

American Indian OIC

1845 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-341-3358

Hours: Monday through Friday, 8 am–4:30 pm.

Provides: AB/GED and post-secondary program for adults. Call for info.

Avivo Institute of Career & Technical Education

2438 27th Avenue South, Suite 100, Minneapolis MN 55406

Phone: 612-752-8100

Hours: Monday through Friday 8 am–4:30 pm

Provides: Career education and technical training to earn credentials. Up to eight career pathways offered including IT Support Training, Medical Office Support Training, Office Support Specialist, and Warehouse Pro Training. Programs range from three weeks to six months. Training may be paired with employment services and job placement support. Courses ideal for non-traditional student and offer small classes and individualized supports.

Remarks: Services are on a fee-for-service basis or grant-funded. May be referred by Rehab Services, VA, or a Workforce Center. Some self-referral and scholarships possible. See email for detailed information.

Brian Coyle Community Center

420 15th Avenue South, Minneapolis MN 55454

Phone: 612-338-5282

Provides: ESL classes provided by Cedar-Riverside Adult Basic Education. Call for info and schedules.

Minneapolis Public Schools Adult Education

North Campus

800 West Broadway, Minneapolis MN 55411

Phone: 612-668-1863

Hours: Monday–Friday 8:30 am–12:30 pm; Monday–Thursday 6–9 pm.

Provides: ELL, GED prep, reading, writing, math, career pathways, GED testing, and college prep.

Remarks: Day registration is on Mondays and Wednesdays 9:30–10:30 am. Evening registration is Mondays and Thursdays 5–7 pm.

South Campus

2015 East Lake Street, Minneapolis MN 55407

Phone: 612-668-3800

Hours: Monday–Friday 8:30 am–12:30 pm; Monday–Thursday 6–9 pm.

Provides: ELL, GED prep, reading, writing, math, career pathways, and GED testing.

Wells Fargo Bank

615 North 7th Street, Minneapolis MN 55411

Phone: 612-667-1908

Hours: Tuesday, Wednesday and Thursday 6–9 pm.

Provides: Basic skills and GED prep.

Remarks: Registration occurs on Tuesdays at 6 pm. You do not need to bring anything to register, but must arrive before 6 pm.

Minneapolis Community and Technical College

1501 Hennepin Avenue South, Minneapolis MN 55403

Phone: 612-659-6000 or 612-659-6281

Provides: Technical and vocational training. Programs range from 3 months–2 years. Counseling and other vocational prep are also available. Financial aid is available for low-income persons.

Remarks: See their website for times of regular orientation sessions, www.minneapolis.edu.

Summit Academy OIC

935 Olson Memorial Highway, Minneapolis MN 55405

Phone: 612-377-0150

Hours: Monday–Friday 8:30 am–3 pm; office open 8:30 am–5 pm.

Provides: Vocational and job preparation classes.

Remarks: classes are offered as a part of their employment and training program; they provide financial aid to cover tuition costs, and job placement assistance after completion of the program.

Upper Midwest American Indian Center

1035 West Broadway, Minneapolis MN 55411

Phone: 612-522-4436

Hours: Monday through Friday from 8 am–5 pm.

Provides: Elders program, foster care program. Other services include adoption program, mental health programs and recovery programs including Rule 25 assessments.

Veterans & Military Service Members

Veterans Welcome Center—MCTC

1501 Hennepin Avenue South #H.2300, Minneapolis MN 55403

Phone: 612-659-6580

Hours: Monday through Thursday from 8:30 am–4 pm.

Provides: Preparation to start or return to college. Instruction and tutoring in college readiness, study skills, math, writing, and reading. Advising and referrals for academics, career, and military education benefits.

Remarks: Free for veterans and military service members.

Youth

Goodwill/Easter Seals YouthBuild!

635 Prior Avenue North, St. Paul MN 55104

Phone: 651-424-1050

Provides: GED/High School Diploma prep, hands-on construction training and leadership development at no cost to young adults ages 16–24 who are not currently enrolled in school. Students have assistance preparing for work or further schooling and support in their next step. Students can earn a stipend based on program attendance and bonuses for milestones achieved.

Remarks: For more information, call, text, email (youthbuild@gesmn.org) or visit us online at gesmn.org/youthbuild.

Loring Nicollet Alternative School

1925 Chicago Avenue South, Minneapolis MN 55404

Phone: 612-872-3626

Provides: An alternative high school for people between 16 and 21. An innovative program for students looking for a change from regular high school.

New Families Center

3345 Chicago Avenue South, Minneapolis MN 55407

(Enter at Door #1 at 34th & Chicago)

Phone: 612-668-3700

Hours: Monday–Friday 8 am–4:30 pm.

Provides: School information and enrollment for children and youth in grades pre-K–12 for families for whom English is not their first language. Spanish and Somali family liaisons available to assist with translation, insurance questions, and accessing food banks and other services.

Student Placement Center

1250 West Broadway, Minneapolis MN 55411

Phone: 612-668-1840 **Fax:** 612-668-1841

Hours: Monday–Friday 8 am–4:30 pm.

Provides: School information and enrollment for grades Pre-K-12. Mpls. Public Schools empowers families to choose from a number of schools, and can send their children to community or magnet schools. High school students can choose from more than 30 programs through an application process in 8th grade.

YouthLink

41 North 12th Street, Minneapolis MN 55403

Phone: 612-252-1200

Provides: GED preparation and referrals.

Hours: Ages 16-20 Monday, Tuesday, Thursday and Friday 2–6 pm. Ages 22–24 Monday, Tuesday, Thursday and Friday 9 am–1 pm; closed Wednesdays until 4 pm.

Remarks: Dinner for 16-20 year olds served Monday, Tuesday, Thursday and Friday from 4–5:30 pm.

B. Job Training & Placement

American Indian OIC

1845 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-341-3358

Hours: Monday through Friday, 8 am–4:30 pm.

Provides: Assistance with resume writing and web-based job search, employment career center, individual service strategies and employment plans, ABE/GED preparation classes, retention rewards for continued employment. Training for patient services specialist; and computer support specialist; 6–9 month vocational programs.

Remarks: Open to individuals seeking to enter work force for the first time, after long-term unemployment, or seeking to break into a new career. Ages 18 and up; all services are free.

Avivo

900 20th Avenue South, Minneapolis MN 55404

2438 27th Avenue South, Suite 100, Minneapolis MN 55406

(plus other Twin Cities locations)

Phone: 612-752-8800

Hours: Monday through Friday 8 am–4:30 pm.

Provides: Career education training (achieve industry credentials in 8 career pathways options) and job placement for adults; training, placement, and employment retention support for adults with disabilities.

Remarks: Services are on a fee-for-service basis or grant-funded. May be referred by Rehab Services, VA, or a Workforce Center. Some self-referral and scholarships possible.

Catholic Charities Mary F. Frey Minneapolis Opportunity Center

740 East 17th Street, Minneapolis MN 55404

Phone: 612-204-8307

Hours: Monday–Friday 8:30 am–2:30 pm; appointments available.

Provides: Job preparation and readiness; support services (e.g. assistance with resumé writing).

Remarks: All services are free.

CAPI

3702 East Lake Street #200, Minneapolis MN 55406

5930 Brooklyn Blvd., Brooklyn Park MN 55429

Phone: 612-721-0122

Hours: Monday through Friday from 8:30 am–4:30 pm

Provides: Services intended for Asian and African refugees: employment counseling, job preparation & training, job placement, assistance with job search, bilingual and multi-lingual support.

Remarks: All services are free.

Emerge Community Development

1834 Emerson Avenue North, Minneapolis MN 55411

505 15th Avenue South, Minneapolis MN 55454

Phone: 612-529-9267

Hours: Monday–Thursday 8:30am–8 pm; Friday 8:30am–5 pm

Bi-monthly information sessions are held. Call for upcoming dates or check www.emerge-mn.org

Provides: Industry-specific training & credentials, individualized career & financial coaching, financial education, computer training, and job skills training for youth and adults. A job coach will work with you to determine your interests and help develop job search skills, resume, and a plan to find work in desired areas.

Goodwill/Easter Seals

553 North Fairview Avenue, St. Paul MN 55104

Phone: 651-379-5837

Provides: Goodwill Easter Seals provides NO COST, hands-on training to eligible students along with job placement assistance. 4-12 week classes offer certification in Banking and Finance, Electronic Soldering, Printing, Automotive Service, and Construction. Students learn the technical skills needed for their new career and receive assistance with resumes, applications, interviewing, job search, retention and advancement. In addition, we offer College and Career Navigation to support students interested in additional post-secondary education options.

Remarks: For more information visit www.gesmn.org/training, email outreach@gesmn.org or call 651-379-5837 to learn more. Information sessions are held at 2 pm on the 2nd and 4th Tuesday of each month at 553 Fairview Ave N (Banking & Finance and Printing) and 635 Prior Avenue North, #7 (Automotive, Construction and Soldering). Please arrive by 1:45 pm.

HHH Job Corps Center

1480 North Snelling Avenue, St. Paul MN 55108

Phone: 612-823-4516

Office Hours: Monday through Friday 8 am–5 pm.

Provides: Free vocational training for persons ages 16–24 who are generally low or moderate income. Training is in areas of: culinary arts, health occupations, transportation industry, painting and wallpapering, facility maintenance, building and apartment maintenance, medical office administration, sign and display, and office occupations. GED and basic skills classes, job placement assistance, a residential living program and on-site health and wellness services available.

Lutheran Social Service - Center for Changing Lives

Training and Education Center

2400 Park Avenue South, Minneapolis MN 55404

Phone: 612-879-5256

Website: Call or go to teclssmn.org to register for employment workshops or one-to-one career counseling.

Open Lab Hours: Computer use for job search and resume assistance Monday through Thursday 12–3 pm; Friday 10 am–1 pm.

Remarks: Career testing, networking, applications, job search skills and resumes are all covered. There are also two-day financial literacy classes teaching skills to budget, reduce debt and build a good credit rating. One-on-one counseling for resumes, mock interviews, job coaching, and career counseling. Northstar Literacy helps build computer skills in areas such as basic computer and internet skills, email, Microsoft software, social media and more.

Minneapolis American Indian Center

Workforce Innovation & Opportunity Act Program (“WIOA”)

1530 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-879-1710 or toll-free 1-800-486-8797

Hours: Monday through Friday 8 am–4:30 pm.

Provides: Career education counseling and support services.

Remarks: Services are open to American Indians, Alaskan and Hawaiian natives in 71 counties in Minnesota, including Ramsey and Anoka Counties, but *not* Hennepin County.

Minnesota CareerForce (formerly Minnesota Workforce Center)

South

777 East Lake Street, Minneapolis MN 55407

Phone: 612-821-4000 or 1-888-GET-JOBS (438-5627)

Hours: Monday through Friday from 8 am–4:30 pm.

North

800 West Broadway, Minneapolis MN 55411

Phone: 612-299-7200 or 1-888-GET-JOBS (438-5627)

Hours: Monday–Friday 8 am–4:30 pm; open to 8 pm on Tuesday.

Provides: Assistance with unemployment, job creative workshops; Veterans representative available; vocational rehabilitation services for those with disabilities.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. There is a one-time fee for the cell phone, but monthly service will be free and includes 1,000 units of talk, unlimited text, and 100mb of data. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

PPL Career Center

1021 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-455-5300

Hours: Monday–Friday 8:30 am–4 pm. Call or walk in for info.

Provides: Free employment and training services. Computer Lab available for education and employment use. Job readiness and computer workshops to learn computer skills and provide job search support. Classroom-based training for careers in health care, finance, and general office administration. Career advancement services.

Remarks: One-hour information session Mondays at 9am.

Salvation Army Center City Office

53 Glenwood Avenue, Minneapolis MN 55405

Phone: 612-659-0711

Hours: Monday through Friday 8 am–noon.

Provides: Access to Twin Cities job posting board in lobby.

Salvation Army Noble

10011 Noble Parkway, Minneapolis MN 55443

Northern and Northwest suburbs of Hennepin County

Phone: 763-425-0517

Hours: Monday–Thursday 8:30 am–noon and 1–4 pm

Remarks: Offers resume writing assistance, access to Twin Cities job postings, referral service and more.

Summit Academy OIC

935 Olson Memorial Highway, Minneapolis MN 55405

Phone: 612-377-0150

Provides: Pre-vocational and job preparation classes; 20-week program in pre-apprentice training in the fields of carpentry, electrician, community health worker (CNA).

Hours: Monday through Friday 8 am–5 pm. Information sessions are held at 10 am on Wednesdays.

Waite House

2323 11th Avenue South, Minneapolis MN 55404

Phone: 612-455-0375

Hours: Monday through Friday 10 am–5 pm.

Remarks: Employment program provides assistance with job searching, applications, resumes and cover letters, interview practice and more. Culinary arts program provides ServSafe training for youth ages 16-24.

Neighborhood Employment Network

Provides: Post-secondary school training, help with job skills assessment, job preparation, job development and placement, on-the-job training and support services such as transportation, uniforms, and necessary tools. Appointments are preferred

American Indian OIC

1845 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-341-3358

Remarks: GED classes offered as preparation for the test.

Avivo

900 20th Avenue South, Minneapolis MN 55404

Phone: 612-752-8800

2143 Lowry Avenue North, Minneapolis MN 55411

Phone: 612-752-8500

2438 27th Avenue South Suite 100, Minneapolis MN 55406

Phone: 612-752-8100

Brian Coyle Community Center

420 15th Avenue South, Minneapolis MN 55454

Phone: 612-338-5282

Comunidades Latinas Unidas en Servicio (CLUES)

720 East Lake Street Minneapolis MN 55407

Phone: 612-746-3500

Eastside Neighborhood Service Inc.

1700 2nd Street NE, Minneapolis MN 55413

Phone: 612-781-6011

Emerge Community Development

1834 Emerson Avenue North, Minneapolis MN 55411

Phone: 612-529-9267

Minneapolis Urban League

2100 Plymouth Avenue North, Minneapolis MN 55411

Phone: 612-302-3100

Minnesota CareerForce (formerly Minnesota Workforce Center)

777 East Lake Street, Minneapolis MN 55407

Phone: 651-539-4410

800 West Broadway, Minneapolis MN 55411

Phone: 612-299-7200

PPL Career Center

1021 East Franklin Avenue, Minneapolis MN 55404

Phone: 612-455-5300

Southeast Asian Refugee Community House (SEARCH)

1113 East Franklin Ave. #212, Minneapolis MN 55404

Phone: 612-673-9388

C. Day and Temporary Labor

Note: persons who apply to work temporary labor must provide a photo ID and social security card; for those who are not US citizens, a “green card” will be required.

AAA Labor

2104 Park Avenue, Minneapolis MN 55404 (*enter back of building*)

Phone: 612-871-2505

Hours: Open for day and night shifts Monday through Friday from 5 am–6 pm; Saturday and Sunday, 5:30 am–6 pm.

Type of work: General labor to semi-skilled work, hospitality, light industrial, snow shoveling, and various other jobs.

Pay schedule: \$10 and up

Remarks: Short-term and long-term assignments available. Approximately \$5/hour cash advance upon completion of the shift. Remainder paid by check the following Friday.

ATA Staffing

4080 West Broadway Avenue, Robbinsdale MN 55422

Phone: 763-537-1225

Hours: Monday-Friday 6 am–6 pm; applications accepted Monday-Thursday 10 am-1 pm.

Pay Schedule: \$9.65 and up, varies; paid weekly. Bilingual office.

Type of work: Light industrial and warehouse.

Atlas Staffing Inc.

102 East Lake Street, Minneapolis MN 55408

Phone: 612-338-7971

Hours: Monday–Friday 5 am–6 pm.

Type of work: Light industrial, warehouse, packaging, food svc, assembly.

Pay schedule: \$9.65 & up

Remarks: Walk-in applications accepted Monday–Friday 9:30 am-3:30 pm. Background check/drug test done if customer requires.

Montu Staffing

4056 Central Avenue NE, Columbia Heights MN 55421

Phone: 763-782-6858

Hours: Monday–Friday 6 am–4:30 pm. Hiring for all shifts.

Type of work: CDL drivers.

Section 5.

Special Help & Advocacy

A. Youth Programs

Avenues for Youth

1708 Oak Park Avenue North, Minneapolis MN 55411

Phone: 612-522-1690

Intake information: Call for information. Open 24 hours a day, seven days a week.

Provides: Overnight shelter for youth ages 16–20; case management, meals for residents, independent living skills training, mental health services, employment and educational support, referral to other services.

Avivo

900 20th Avenue South, Minneapolis MN 55404

Phone: 612-752-8800

Hours: Monday through Friday 8 am–4:30 pm

Provides: Youth employment services for youth ages 14–24, in Minneapolis and the Twin Cities, including job and career training, completing education, life skills support, paid internships, and more.

Remarks: No charge for services; eligibility criteria do apply.

Brian Coyle Community Center

420 15th Avenue South, Minneapolis MN 55454

Phone: 612-338-5282

Hours: Monday through Thursday 2:30–6 pm.

Provides: Tutoring, leadership program, self-esteem and developmental programs, summer youth programs; school release day programs; and other social activities.

Division of Indian Work

1001 East Lake Street, Minneapolis MN 55404

Phone: 612-279-6320

Hours: Monday through Thursday, 5–7 pm

Provides: Academic support services and cultural enrichment activities for grades 1–12.

Remarks: Must enroll to attend.

PRIDE / The Family Partnership

4123 East Lake Street, Minneapolis MN 55406

Phone: 612-728-2065

24-hr crisis line: 612-728-2062 / 1-888-PRIDE99

Remarks: PRIDE serves women and sexually-exploited youth who are victims of sex trafficking/sex exploitation. They have support groups for individuals who are at risk or involved in prostitution. Case management and court advocacy, and LGBTQ services are provided.

YouthLink - Youth Opportunity Center

41 North 12th Street, Minneapolis MN 55403

Phone: 612-252-1200

Drop-in Hours: Ages 16–21 Monday, Tuesday, Thursday and Friday 2–6 pm; ages 22–24 Monday, Tuesday, Thursday and Friday 9 am–1 pm; closed Wednesdays until 4 pm.

Provides: During drop-in hours, youth have access to multiple agencies providing services in the areas of crisis intervention, health and wellness, education, employment and housing. Support groups, laundry, showers, food and clothing are also available to program participants.

Youth Services Network

Website: www.ysnmn.org

Provides: Resources for youth to find shelter and services.

B. Services for Immigrants

All immigrants

Hennepin County Office of Multi-Cultural Services

1201 East Lake Street, Minneapolis MN 55407

Phone: 612-348-2193

Hours: Monday through Friday 8 am–4:30 pm; To schedule an appointment with an immigration advocate, call for availability.

Services: Gateway for refugees, immigrants and other new Americans to Hennepin County Services including outreach, employment assistance, housing, public assistance, childcare, forms completion, etc; assistance with immigration forms and petitions; criminal justice advocacy; immigration policy, public assistance interpretation. Services provided in: Somali, Spanish, Oromiffa, Amharic, Arabic, Bosnian, Swahili, Hindi, Hmong, Russian, Tibetan and 15 other languages.

New Families Center

3345 Chicago Avenue South, Minneapolis MN 55407

(Enter Door #1 at 34th & Chicago)

Phone: 612-668-3700

Hours: Monday–Friday 8 am–4:30 pm.

Provides: School information and enrollment for children and youth in grades pre-K-12 for families for whom English is not their first language. Spanish and Somali family liaisons available to assist with translation, insurance questions, and accessing food banks and other services.

Asian

CAPI

3702 East Lake Street #200, Minneapolis MN 55406

5930 Brooklyn Blvd., Brooklyn Park MN 55429

Phone: 612-721-0122

Hours: Monday–Friday, 8:30 am–4:30 pm.

Provides: Food shelf for Asian refugees (Brooklyn Park location); supportive services and cultural education; elderly program; and employment services. Also provides benefits enrollment, caregiver support, and community gardens for Asians 65 and over.

African

African Community Services

1305 East 24th Street, Minneapolis MN 55404 (Lower level)

Phone: 612-721-9984

Hours: Monday–Friday 9 am–5 pm

Provides: Services for newly arrived refugees including: employment assistance (application/resumé preparation, job search skills, interview preparation), refugee social service programming including assistance finding child care, housing, MNSure, home furnishings (Bridging referral agency) and other supportive referrals.

Remarks: Call program manager to determine program eligibility. Staff speaks nine African languages.

Latino

Centro Tyrone Guzman

1915 Chicago Avenue South, Minneapolis MN 55404

Phone: 612-874-1412

Hours: Monday through Friday from 8:30 am–5 pm.

Provides: referral to government offices; preschool program for ages 3–6; youth program; pre-natal program for pregnant mothers; seniors program; assistance with insurance and car seats.

Comunidades Latinas Unidas en Servicio (CLUES)

720 East Lake Street

Phone: 612-746-3500

Hours: Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm

Provides: Counseling for families, individuals, couples, children and adolescents; chemical dependency counseling; English classes; employment advocacy; women’s program for domestic violence; seniors program. The St. Paul CLUES office has additional vocational, chemical dependency, health related programs. Call 651-379-4200 for more information about St. Paul office.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul MN 55106

Phone: 651-771-5494

Emergency/Protection Phone: 651-334-8562

Hours: Monday–Friday from 8 am–1:30 pm.

Provides: The Mexican consulate serves to protect Mexicans and assist them with US government relations within its jurisdiction (MN/SD/ND/Western WI). It can assist with acquiring important documents like passports, birth certificates, military cards, and protection of rights.

Traducción de español

Centro Tyrone Guzman

1915 Chicago Avenue South, Minneapolis MN 55404

Teléfono: 612-874-1412

Horas: de lunes a viernes de 8:30 am a 5 pm.

Servicios: Servicios bilingües, referencia a oficinas gubernamentales; programa preescolar para niños de 3 a 6 años; programa juvenil; programa prenatal para madres embarazadas; programa de personas mayores; asistencia con seguro y asientos de carro.

Comunidades Latinas Unidas en Servicio (CLUES)

720 East Lake Street, Minneapolis MN 55407

Teléfono: 612-746-3500

Horas: de Lunes a jueves de 8:30 am a 7 pm; viernes 8:30 am–5 pm.

Consejería para familias, individuos, y jóvenes; consejería de dependencia de químicos para jóvenes; clases de inglés. La oficina de CLUES en St. Paul tiene otros programas de empleos, dependencia de químicos, y programas de salud.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul MN 55106

Teléfono: 651-772-4084

Emergencia: 651-334-8562

Horas: Lunes a Viernes, 8 am–1:30 pm.

Servicios: Tramites, Nacionalidad, Acta de Nacimiento, Documentos y Apostilla, y servicios de Protección Consular. La salvaguarda y defensa de sus derechos fundamentales e intereses en sus relaciones de naturaleza civil, penal, laboral, administrativa, migratoria y judiciales con autoridades extranjeras y/o particulares. La jurisdicción del consulado es los estados de Minnesota, South Dakota, North Dakota, y el oeste de Wisconsin.

Hmong

Lao Assistance Center of Minnesota

503 Irving Avenue North #100A, Minneapolis MN 55405

Phone: 612-374-4967

Hours: Monday through Friday, 9 am–5 pm,

Provides: Advocacy and services for families and individuals. Services include translation, advocacy in dealing with government, police, doctors, and welfare offices; housing assistance including dealing with foreclosure, gambling prevention, housing/civic engagement, youth art/elders.

Korean

Korean Service Center

630 Cedar Avenue South #B1, Minneapolis MN 55454

Phone: 612-342-1345

Provides: Advocacy and support for Korean families, individuals and seniors; translation services and advocacy in dealing with government, police, doctors and public assistance agencies; housing assistance (advocacy and interpretation in dealing with landlords and help filling out public housing applications); meals for senior citizens; information and referrals to other social service agencies. Assisted living program for residents of Cedar Square.

C. Help for Veterans

Hennepin County Veterans' Service

300 South 6th St., Minneapolis MN 55487

(SE 1st Level Government Center)

Phone: 612-348-3300

Hours: Monday–Friday, 8 am–4:30 pm.

Provides: Assistance to all veterans in applying for state and federal benefits, as well as assisting them in obtaining medical benefits through the VA Medical Service and admission to Minnesota Veterans Homes. Can assist people to get DD-214s and upgrade discharges. If veterans benefits aren't available, they can provide referrals to other sources for services. Lunch is served every day 12-1 pm.

Minneapolis VA Community Resource & Referral Center (CRRC)

1201 Harmon Place, Suite 103, Minneapolis MN 55403

Phone: 612-313-3240

Hours: Monday through Friday 7 am–5 pm.

Provides: Counseling, medical care, employment services, housing referrals, veteran benefits information, and substance abuse services. Laundry and shower facilities are available as well as other on-site community services. Social work triage is done Monday–Friday 9:30 am–3:30 pm.

Minnesota Assistance Council for Veterans (MACV)

Phone: 612-726-1327

Hours: 8 am-5 pm. Call to set up an appointment.

Provides: Transitional housing, rental assistance, employment and legal services for veterans. Call for information about eligibility.

Minnesota Department of Veterans Affairs

20 12th Street West, St. Paul MN 55155

Phone: 612-970-5662

Crisis Line: 1-800-273-8255

Veterans Linkage Line: 1-888-546-5838 (information hotline)

Provides: Assistance to all veterans. Also locates and assists minorities, female and homeless veterans in an effort to meet the unique needs of these members of Minnesota's veterans community.

U.S. Department of Veterans Affairs

The Mental Health Homeless Program team outreaches to homeless veterans and provides information and counseling about benefits, chemical and mental health treatment, housing and other medical services. Almost every day veterans are able to connect with various community partners such as VOA/Amicus, which helps veterans who have been incarcerated.

Phone: 612-313-3240 (Monday–Friday 7:00 am–5:00 pm)

Outreach locations: Call for current outreach schedule at the following locations. Minneapolis: Catholic Charities Opportunity Center, Salvation Army Harbor Light Center, Simpson Shelter. St. Paul: Dorothy Day Center, Salvation Army, Union Gospel Mission, Listening House.

Veterans Resource Center

550 County Rd D West, Suite 10, New Brighton MN 55112

Phone: 651-644-4022

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: Individual and group counseling, family counseling, stress management; limited evening appointments available by appointment only.

Remarks: Services are for any combat veterans and families.

Veterans Welcome Center—MCTC

1501 Hennepin Avenue South #H.2300, Minneapolis MN 55403

Phone: 612-659-6580

Hours: Monday through Thursday from 8:30 am–4 pm.

Provides: Preparation to start or return to college. Instruction and tutoring in college readiness, study skills, math, writing, and reading. Advising and referrals for academics, career, and military education benefits.

Remarks: Free for veterans and military service members.

D. Victims of Abuse and Crime

Women & Children

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111

Provides: Crisis advocates and trained volunteers are available to talk confidentially with anyone experiencing domestic violence, sexual violence or human trafficking. Emergency housing for individuals or families in crisis. Clients also have access to full range of supportive services.

Remarks: Can provide a variety of resources to those seeking information, including referrals to support groups, possible transitional housing and options for legal advocacy.

Pillsbury United Communities

Crisis Nursery line: 612-302-3500;

Provides: Crisis nursery services in a community-based family support program that provides services to parents and children in times of crisis or stress.

PRIDE / The Family Partnership

4123 East Lake Street, Minneapolis MN 55406

Phone: 612-728-2065

24-hr crisis line: 612-728-2062 / 1-888-PRIDE99

Remarks: PRIDE serves women and sexually-exploited youth who are victims of sex trafficking/sex exploitation. They have support groups for individuals who are at risk or involved in prostitution. Case management and court advocacy, and LGBTQ services are provided.

Sexual Violence Center

2021 East Hennepin Ave, Suite 418, Minneapolis MN 55413

Phone: 612-871-5111

Hours: Monday–Thursday 8 am–8 pm; and Friday 8 am–4 pm.

Provides: 24 hour support/crisis line for anyone affected by sexual violence; advocacy services immediately after a sexual assault by accompanying survivors to the hospital for an evidentiary exam, reporting to law enforcement and navigating services; support groups; individual counseling; legal clinic offering free legal advice from volunteer lawyers; and education.

Remarks: We serve all genders and anyone 12 or older. All services are free and no one is ever turned away from services.

Tubman

3111 1st Avenue South, Minneapolis MN 55408

24-hour Crisis Intake: 612-825-0000

Business Phone: 612-825-3333

Office Hours: Monday–Thursday 8 am–5 pm; Friday 8am–noon.

Remarks: There is space for 80 women, men and their children in a secure environment. Referrals are made to safe shelters in the area when they are without space. Also provides support services to all members of family with the aim of preventing and ending family violence.

Women's Advocates Inc.

Crisis Helpline: 651-227-8284

Hours: 24 hours a day.

Provides: Assistance in obtaining safe shelter, referrals and information. Some legal services provided.

Men and Women (Adults and Youth)

Cornerstone

24-Hour Crisis Phone: 952-884-0330 or Day | Call Center

1-866-223-1111

Provides: Emergency housing for individuals or families in crisis. Clients also have access to full range of supportive services. Male victims receive safe and comfortable short-term housing while also accessing comprehensive services.

Domestic Abuse Project, Inc.

1121 Jackson Street NE, Suite 105, Minneapolis MN 55413

Phone: 612-874-7063

Hours: Monday–Thursday 9 am–8:30 pm; Friday 9 am–4 pm.

Provides: Crisis counseling, intervention, long term counseling and support groups; therapy for families, and a support group for veterans. Legal and community advocacy programs are offered, as well as groups for children and adolescents who witness domestic violence.

Remarks: Services are for individuals who use abusive behaviors, victims/survivors of domestic violence, and children witnesses. All services are on a sliding scale based on ability to pay. All services are on a sliding scale based on ability to pay. Children are free. Some services also available at other sites in downtown Minneapolis, at NorthPoint, and at Little Earth.

Domestic Violence Intervention at HCMC

730 South 8th Street, Minneapolis MN 55415 (ER entrance)

Phone: 612-873-3132

Hours: 24 hours, 7 days a week.

Provides: Support and advocacy for victims of domestic violence who come to Hennepin County Medical Center for treatment of injuries received in a domestic assault; also provides assistance in getting safe shelter. Both men and women are served.

Hennepin County Attorney's Office Victim-Witness Services

Phone: 612-348-4003

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: Information and advocacy for women and men who have been abused and wish to file assault charges in Hennepin County. Advocates will help with felony charges; misdemeanors are handled by City Attorney's office (612-673-2010).

Minnesota Day One Crisis Hotline

Phone: 1-866-223-1111 toll-free (24 hours)

Provides: Advocates who are ready to listen and provide information whether you are experiencing domestic or sexual violence or human trafficking, or simply questioning aspects of your relationship. Along with support talk, will do best to connect you within your community for help with shelter, legal aid, and therapy.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, Open Access Connections provides an individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services professionals. It also serves as a safe phone number for victims of domestic abuse. There is no charge. Call for a referral to a participating agency or visit <http://tinyurl.com/OACOutreach> for updated outreach locations.

Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. There is a one-time fee for the cell phone, but monthly service will be free and includes 1,000 units of talk, unlimited text, and 100mb of data. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

Order for Harassment Restraining

Hennepin Co. Government Center, Self-Help Center (2nd level PSL)
300 South 6th Street, Minneapolis MN 55487

Phone: 651-435-6535 (Statewide Self-Help Center (M-F 8:30–3)

Hours: Walk-ins Monday–Friday 8 am–3:30 pm.

Remarks: For anyone who has experienced unwanted repeated words, gestures or behavior intended to affect the safety, security, or privacy of someone. No relationship need exist between persons. You must provide the name of the perpetrator.

Filing Fees: There is a filing fee of \$299 for restraining orders. Some waivers are available.

Order for Protection

Hennepin Co. Government Center, Self-Help Center (2nd level PSL)
300 South 6th Street, Minneapolis MN 55487

Phone: 612-5348-5073

Hours: Walk-ins Monday–Friday 8 am–3:30 pm.

Provides: Assistance for victims of abuse with obtaining Orders for Protection.

Remarks: For people living together, related by blood, married, divorced, or in a significant sexual or romantic relationship. There must be actual or threatened violence, threat of physical assault, or terroristic threats based on harm or fear of harm.

Fees: No filing fees charged for Orders for Protection.

Order for Protection

Ramsey County: 651-266-5130

Washington County: 651-770-0777 (24 hours)

Dakota County: 952-891-7256

Note: County Clerks who file these Orders can only provide some basic assistance. You may want to speak to an advocate who could help you throughout the entire process of obtaining an Order. Advocates have good knowledge of all parts of the legal system that a victim of domestic abuse may encounter. They can help prepare forms for Orders, as well as accompany a petitioner to court or help locate child care during court.

OutFront Minnesota

310 East 38th Street #209, Minneapolis MN 55409

Phone: 612-822-0127 or toll-free 1-800-800-0350

24-hour crisis hotline: 612-822-0127, Option 3

Provides: Advocacy, information, support, counseling and safe-house referrals for victims of domestic violence. Serves the whole LGBTQ community. Offers free support groups for survivors of partner violence.

OutFront Minnesota

Anti-Violence Anti-Harassment Advocate

310 East 38th Street #209, Minneapolis MN 55409

Phone: 612-822-0127 or toll-free 1-800-800-0350

Provides: Support for victims of hate crimes, assault, and harassment; assistance with police reports and pursuing reparations.

E. Legal Assistance

Brian Coyle Community Center

420 15th Avenue South, Minneapolis MN 55454

Phone: 612-338-5282

Hours: Every other Thursday with walk-ins available 12:30–2 pm.

Provides: Lawyer provides general legal help.

Remarks: Free of charge.

Hennepin County Attorney's Office

300 South 6th Street, Minneapolis MN 55487

Phone: 612-348-5550

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: Criminal felony prosecution, child support enforcement, services for victims of sexual assault, and for victims and witnesses of crimes in Hennepin County (612-348-4003).

Remarks: All services are free.

Hennepin County Conciliation Court ('Small Claims')

350 South 5th Street Rm 306, Minneapolis MN 55415

Phone: 612-348-2713

Hours: Monday through Friday 8:00 am–4:30 pm.

Provides: Opportunity for person to file small claims court complaint against anyone who owes him/her money. Maximum claim is \$ 15,000. \$70 filing fee. For more information www.mncourt.gov.

Hennepin County Public Defender

701 4th Avenue South #1400, Minneapolis MN 55415

Phone: 612-348-7530

Provides: Legal representation for people in Hennepin County criminal court who are unable to afford their own lawyer.

Lawyer Referral and Information

Phone: 612-752-6666

Hours: Monday-Thursday 9 am–4:30 pm; Friday 9 am–4 pm.

Provides: Advice and appropriate referral to an attorney or other resources in legal services.

Remarks: There is a \$30 fee for the referral and first half-hour consultation. During the first meeting the attorney and client should agree on fees beyond then. Must make an appointment. Also can provide brief attorney advice at the government center.

Legal Aid

111 North 5th Street, Suite 100, Minneapolis MN 55403

Intake Phone: 612-334-5970; **Main Phone:** 612-332-1441

Hours: Monday–Friday 8:30 am–4:30 pm.

Phone Intake hours: 9:30 am–11:30 am and 1:30–3:30 pm.

Provides: Legal advice and assistance with civil matters (tenant-landlord problems, evictions, some consumer problems, immigration, family law, tax, health care access), advocacy for public assistance recipients and claimants (TANF, Food Support, GA, Social Security, SSI). Disability Law Center assists people who have legal issues related to a disability.

Remarks: All services are free if eligible.

Legal Rights Center

1611 Park Avenue South, Minneapolis MN 55404

Phone: 612-337-0030

Hours: Must walk-in during intake Tuesday 10 am–noon without appointment. Office hours are Monday–Friday 9 am–4:30 pm.

Provides: Legal advice and the services of attorneys for criminal matters within Hennepin County (as an alternative to the Public Defender) for low-income persons; mediation and restorative justice criminal cases only. No legal advice given over the phone.

Your right to file a charge of discrimination is protected by law. If you are the victim of a reprisal or further harassment because you have filed a complaint, you should notify the Department of Human Rights immediately.

Minneapolis Department of Civil Rights

350 South 5th Street, Minneapolis MN 55415 - City Hall Room 239

Phone: 612-673-3012

Hours: Monday through Friday from 8:30 am–4:30 pm.

Provides: Investigates incidents of discrimination in employment, education, housing, city departments, and private businesses; investigates allegations of police misconduct; enforces employees' rights to paid sick and safe time and a minimum wage.

Remarks: The department has the authority to investigate incidents that occur within Minneapolis.

Minnesota Department of Human Rights

540 Fairview Avenue North Suite 201, St. Paul MN 55104

Phone: 651-539-1133

Hours: Monday through Friday from 8 am–4:30 pm. Monday Wednesday and Friday by appointment only; walk-ins available on Tuesday and Thursday.

Provides: Investigates allegations of discrimination because of age, ancestry, color, creed, gender, national origin, religion, or sexual preference; discrimination can occur in employment, housing, public accommodations, public services, education, and credit.

Remarks: Complaints must be made within one year of incident.

OutFront Minnesota

310 East 38th Street #209, Minneapolis MN 55409

Phone: 612-822-0127

Provides: The Legal Advocate can help you determine if you need legal assistance on LGBTQ-related issues, can answer legal questions and/or refer you to someone who can answer your questions or represent your interest. Areas of legal issues addressed include: family law, housing, employment law and civil rights. There is no fee for information or referrals, however attorneys may charge for the services they provide.

Tubman

Legal Assistance for Women (L.A.W.)

4432 Chicago Avenue, Minneapolis MN 55407

Phone: 612-871-0118

Hours: Hours vary. Call for information.

Provides: Legal advice and referrals to attorneys for family law matters. Limited resources for employment and family law.

Remarks: Fees vary based on services. Registration needed.

Volunteer Lawyers Network

Phone Intake: 612-752-6677

Phone Intake Hours: Monday, Wednesday, and Thursday 9 am–1 pm.

Other intake options: For other intake options, as well as free walk-in clinic topics and locations, visit www.vlnmn.org/help.

Provides: Free legal services on numerous legal issues, including tenant-landlord, conciliation court, garnishments, debtors rights, divorce, child custody, criminal expungement, bankruptcy, and provides limited legal services in immigration and employment issues. Services include legal advice, phone services and full representation. Eligibility based on income, assets, legal issue and geography (varies per legal issue).

Remarks: For criminal cases, personal injury cases, call Lawyer Referral and Information Service. For subsidized housing or government benefits cases, contact Legal Aid.

Waite House

2323 11th Avenue South, Minneapolis MN 55404

Phone: 612-721-1681

Hours: 1st and 3rd Tuesday of the month from 2–5 pm.

Remarks: Volunteer Lawyers Network attorneys provide free legal advice and/or brief services regarding a variety of civil issues, such as debtor/creditor, consumer, housing, immigration, and general civil issues. Walk-ins only.

F. Police Misconduct

If you are the victim of police misconduct or abuse:

- seek medical attention
- write down the details right away
- photograph the injuries
- contact witnesses, if any

Federal Bureau of Investigation (FBI)

1501 Freeway Blvd., Brooklyn Center MN 55430

Phone: 763-569-8000

The FBI investigates cases of police misconduct as they relate to federal civil rights laws. If you should witness or be a victim of police misconduct, call the FBI and ask to speak to someone about a civil rights matter.

Communities United Against Police Brutality (CUAPB)

4200 Cedar Avenue South, Minneapolis MN 55407

Phone: 24 Hour Hotline 612-874-STOP (612-874-7867)

Hours: Meetings are Saturdays 1:30–4:00 pm

Provides: CUAPB is an all-volunteer grassroots group that provides support for survivors of police brutality and families of victims so they can reclaim their dignity and join the struggle to end police brutality.

Remarks: CUAPB does many things, including education, political action, legislative action and legal research. CUAPB also offers a 24-hour crisis line(612-874-STOP) that people can call to report instances of abuse. CUAPB can send out a crisis team to investigate the complaint, take photos and statements and offer immediate assistance. CUAPB follows up with legal, medical and psychological referrals and other services as needed. CUAPB also brings together families and survivors in a local network to provide ongoing support and empowerment for people suffering from their encounter with police brutality

You can also file a formal complaint with:

Minneapolis Office of Police Conduct Review

350 South 5th Street, Minneapolis MN 55415 - Room 239 City Hall

Phone: 612-673-3012

Hours: Monday through Friday from 8:30 am–4:30 pm

Takes complaints against Minneapolis Police officers for misconduct, such as inappropriate language or conduct, harassment, discrimination, retaliation, excessive force, and failure to provide adequate and timely protection. After a complaint is made, staff will investigate. If the Office of Police Conduct Review sustains a complaint, they make a recommendation to the Chief for discipline of the officer. Mediation between complainant and police may also be an option.

Complaints may be made in person, at a precinct, or online (www.ci.minneapolis.mn.us/police/opcr-complaint). Complaints must be made within 270 days of incident (nine months).

If you think you were discriminated against on the basis of age, ancestry, color, creed, gender, national origin, religion, or sexual preference, you can file a complaint with:

Minnesota Department of Human Rights

540 Fairview Avenue North Suite 201, St. Paul MN 55104

Phone: 651-539-1133

Hours: Monday through Friday from 8 am–4:30 pm. Monday Wednesday and Friday by appointment only; walk-ins available on Tuesday and Thursday.

Remarks: Takes complaints of discrimination within one year of date of incident.

G. Advocacy

American Indian Community Development Corp.

Kola Project (Lakota for “friend”)

1600 East 19th Street, Minneapolis MN 55404

Phone: 612-874-1050

Provides: Medical outreach program to work with chronic inebriate homeless Native American population. Goal is to lower inappropriate use of ER. Outreach includes activities and clothing.

Basilica of St. Mary

Phone: 612-333-1381

88 N. 17th St., Minneapolis MN 55403 (school bldg behind church)

Provides: Pathways is a faith-based life skills program at 6 pm on Thursday. It offers discussions about life skills, spirituality, prayer and support. Anyone is welcome.

City Life Center

2520 Park Avenue, Minneapolis MN 55404 (Carriage house)

Phone: 612-874-1808

Hours: By appointment Monday-Thursday 10 am–4 pm.

Provides: A voice of hope for women who are pregnant, abused, homeless, afraid or lonely. Can offer women and their families resources including baby supplies, diapers, quilts, and hygiene products.

Cultural Wellness Center

2025 Portland Avenue South, Minneapolis MN 55404

Phone: 612-721-5745

Hours: Monday–Friday 8 am–5 pm.

Provides: Community Systems Navigators (CSN) assist individuals in building community by reconnecting them to culture. CSN are role models, teachers, friends, mentors, advocates, community organizers. CSN provide home visits, facilitate self-study in addition to facilitating movement from little or no dependence on government to independence and self-sufficiency. Community action teams, diabetes support and health management.

Dignity Center (Hennepin Ave. United Methodist Church)

425 Groveland, Minneapolis MN 55403 (enter off Groveland)

Phone: 612-435-1315

Hours: Monday, Wednesday and Friday 9–11:30 am. After first session, appointments are expected.

Remarks: The Dignity Center is a collaborative ministry, characterized by a warm, hospitable drop in center staffed by committed volunteers who treat participants with dignity. The focus of programming is on teaching the skills needed for self sufficiency and helping people get connected to the services, resources, and tools needed for success. A variety of services are provided including case management, community services navigation, and social network development. Participants are expected to make a commitment to the program after meeting with their advocate. Regularly scheduled appointments are expected.

Hennepin County Front Door

Phone: 612-348-4111

Hours: Monday through Friday from 8 am–4 pm.

Provides: Primary intake for voluntary social services in Hennepin County. Services include: Long-term services and supports (Mn-CHOICES and Developmental Disabilities Eligibility); Child and Adult Access; Child and Adult Behavioral Health Case Management; Coordinated Entry for Families; and Rule 25 assessment resources. The referrals may be for short-term service planning (90 days or less) or long-term case management. Consultants also make immediate transfers to crisis intervention services as needed.

MAD DADS

3026 4th Ave South, Minneapolis MN 55407

Phone: 612-455-4630

Hours: Monday through Friday, 9 am–4 pm.

Provides: Minneapolis MAD DADS has many programs available such as: men’s empowerment and responsibility program; school crime prevention intervention support; Community Organizing and Preparing Students for Success; parent/youth family mediation services; Peace Bus-Outreach Explosion; Street Patrol; homicide crisis and response Team: Groups meet at Center for Fathers (3023 4th Ave S) Tuesday 5:30–7 pm.

NorthPoint Health & Wellness Center

African American Men Project

1256 Penn Avenue North Suite 5300, Minneapolis MN 55411

Phone: 612-767-9500

Hours: Monday and Friday 8 am–5 pm; Tuesday–Thursday 8 am–7 pm; Saturday 8 am-noon.

Provides: AAMP serves African American men who are 18 and older and are Hennepin Co. residents. The program helps African American men become healthy and successful wage earners, fathers and community leaders. They provide coaching and support and also assist men with medical needs. AAMP encourages men to see health as a priority for meeting life goals. Can help get same day appointments for medical care, behavioral health, dental care and human services.

Remarks: Walk-ins are accepted, as are referrals from Hennepin County departments and other community organizations.

Peace House

1816 Portland Avenue South, Minneapolis MN 55404

Phone: 612-870-7263 **Website:** www.peacehousecommunity.org

Hours: Monday–Friday 9:30 am–3 pm. Meditation is held at 11:30 followed by lunch. Doors closed for reflection, meditation and lunch from 11:30 am–12:30 pm.

Provides: Peace House is a gathering place where poor, homeless and economically comfortable people come to form community, work for non-violence, affirmation and responsibility. Emphasis on spirituality through daily reflection time together.

St. Stephen's Human Services

2309 Nicollet Avenue, Minneapolis MN 55404

Assistance obtaining Birth Certificates and Voice Mail

Phone: 612-870-2283

Hours: Monday-Friday 9 am–4 pm.

Provides: Assistance sending for U.S. birth certificates. Also provides voice mail boxes for housing and job searches, health care, and safety from domestic abuse.

Education and Advocacy

Phone: 612-715-0449

Individuals and groups can participate in a day or half-day of experiential learning by walking in the shoes of someone who has experienced homelessness. If you have experienced homelessness and would like to share your story as a part of the A Day in the Life program, please call for more information about becoming a community educator.

Street Outreach Team

Phone: 612-879-7624 or toll-free, 1-888-550-7624

Hours: Monday-Friday 9 am–4 pm. Call for drop-in hours.

Remarks: Works with individuals and veterans sleeping outside or in places unsuitable for human habitation, and assists them to get into permanent housing. Provides a non-emergency response to homeless concerns in public settings with a mobile outreach team able to visit individuals in the community.

zAmya Theatre Company

Phone: 612-760-4804

Website: www.zamyatheater.org

Remarks: If you have experienced homelessness and are interested in participating in workshops or performance to educate and entertain the community about homeless issues, please call or email or find us on facebook at ZAMYA Theater Project. We are also at the downtown library every Friday morning 8:30–10:30 am!

H. Programs for Ex-Offenders

NorthPoint Health & Wellness Center

African American Men Project

1256 Penn Avenue North Suite 5300, Minneapolis MN 55411

Phone: 612-767-9500

Hours: Monday and Friday 8 am–5 pm; Tuesday-Thursday 8 am–7 pm; Saturday 8 am–noon.

Provides: AAMP Re-entry program provides classes addressing the personal development needs of ex-offenders re-entering society. Classes meet every Wednesday 5:30–7 pm.

VOA-MN/Amicus

3041 4th Avenue South, Minneapolis MN 55407

Phone: 612-877-4250

Remarks: “Reconnect,” is a referral program for re-entering offenders who are searching for jobs, housing, family services, transportation, clothing, sobriety supports and other needs. Available to offenders in all Minnesota facilities (state and federal) and all ex-offenders, whether just out or years after release. Amicus Ex-Offenders support group held on Wednesdays from 5:30–7 pm with a light meal served.

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Order Form for the 2020-2021 Minneapolis Handbook of the Streets:

Name _____

Agency _____

Address _____

City, ST ZIP _____

Phone: _____

Email: _____

2020-2021 Minneapolis Handbook of the Streets

_____ copies for staff/service providers

@ \$6.00 = (A) \$ _____

After you have ordered some books at the staff rate, you may order copies to distribute at the following rate:

_____ copies for client distribution

@ \$1.00 = (B) \$ _____

Total number of copies: _____

Postage and handling (see chart below): \$ _____

Amount due:

(A) Staff copies: \$ _____

+ (B) Client copies: + \$ _____

+ (C) Postage: + \$ _____

= TOTAL DUE = \$ _____

Total Copies	Add Postage	Checks made payable to: St. Stephen's Human Services
1	\$2.50	Mail to: St. Stephen's Human Services Attn: Handbook 2309 Nicollet Avenue Minneapolis, MN 55404 Cannot accept credit cards. Questions? 612-870-2283.
2-5	\$4.50	
6-20	\$6.50	
21-50	\$8.00	
51-75	\$13.00	
76-100	\$17.00	
101-150	\$23.00	
151+	Call for total	

About St. Stephen's Human Services

The mission of St. Stephen's Human Services is ending homelessness. We progress toward this goal through Street Outreach, shelter, and housing programs for individuals and families. We envision a community in which housing instability is rare, brief and non-recurring, ending homelessness as we know it.

Street Outreach

St. Stephen's Street Outreach team works with people sleeping outside or in places unfit for human habitation. The team provides on-the-spot services to ensure safety and survival for people experiencing unsheltered homelessness, while helping clients address their barriers to housing.

Shelter

St. Stephen's provides emergency shelter to up to 94 individuals experiencing homelessness each night. In addition to providing meals, access to showers, and a safe place to sleep, staff at our two shelter locations provide coordination of services to assist guests in meeting their long-term goals.

Housing

St. Stephen's housing programs provide access to scattered-site, affordable housing for single adults and families experiencing and emerging from homelessness. Staff provide support in locating, accessing, and maintaining housing as our clients work toward personal goals and self-sufficiency.



ST. STEPHEN'S

Ending Homelessness

St. Stephen's Human Services

2309 Nicollet Avenue
Minneapolis MN 55404
612-874-0311
www.ststephensmpls.org